



MATERNAL LIFESTYLE & HEALTH CHARACTERISTICS

4.7
MATERNAL WEIGHT GAIN DURING PREGNANCY (2020 STATUS)

| | | TOTAL BIRTHS | Weight gain | | | |
|---|--|-----------------|-------------|----------|-----------|---------|
| | | | Inadequate | Adequate | Excessive | Unknown |
| ALL AMERICAN INDIAN RESIDENTS OF ARIZONA | | 4,090† | 930† | 1,110† | 1,970† | 70† |
| Resided on reservation | Ak-Chin Indian Community | 10† | * | * | 7 | 0 |
| | Cocopah Tribe | 10† | * | * | 9 | 0 |
| | Colorado River Indian Tribe | 10† | * | * | 9 | 0 |
| | Fort McDowell Yavapai Nation Reservation | 10† | * | 0 | 6 | * |
| | Fort Mohave Indian Tribe | 0† | 0 | * | * | * |
| | Gila River Indian Community | 210† | 44 | 49 | 116 | * |
| | Havasupai Tribe | 10† | * | * | * | * |
| | Hopi Tribe | 60† | 15 | 21 | 23 | * |
| | Hualapai Tribe | 10† | * | * | * | 0 |
| | Kaibab Indian Reservation | 0† | 0 | 0 | * | 0 |
| | Navajo Nation | 963 | 248 | 282 | 412 | 21 |
| | Pascua Yaqui Tribe | 10† | * | * | 8 | * |
| | Salt River Pima-Maricopa Indian Community | 89 | 14 | 28 | 47 | 0 |
| | San Carlos Apache Tribe | 160† | 33 | 49 | 76 | * |
| | Tohono O'Odham Nation | 107 | 16 | 23 | 68 | 0 |
| | White Mountain Apache Tribe | 210† | 39 | 55 | 111 | * |
| | Yavapai-Apache Nation | 0† | * | * | * | 0 |
| | TOTAL | 1,900† | 430† | 520† | 900† | 40† |
| Resided off reservation | ---in Maricopa County | 1,133 | 263 | 317 | 533 | 20 |
| | ---in Pima County | 260† | 64 | 63 | 127 | * |
| | ---in Coconino County | 250† | 54 | 68 | 127 | * |
| | ---elsewhere in Arizona | 551 | 114 | 142 | 284 | 11 |
| | TOTAL | 2,192 | 495 | 590 | 1,071 | 40† |

Notes: * Cell suppressed due to non-zero count less than 6; † Sum rounded to nearest tens unit due to non-zero addend less than 6.

4.8
MEDICAL RISK FACTORS OF PREGNANCY (2020 STATUS)

| | | TOTAL BIRTHS | Births with medical risk factors | Medical risk factors ^a | | | | | | | | | | | |
|---|--|--------------|----------------------------------|-----------------------------------|----------------------|---------------------------|--------------------------|-----------|------------------------|---------------------------------------|-----------|----------|-----------|-------------|-------------|
| | | | | Pre-existing diabetes | Gestational diabetes | Pre-existing hypertension | Gestational hypertension | Eclampsia | Previous preterm birth | Other previous poor pregnancy outcome | Gonorrhea | Syphilis | Chlamydia | Hepatitis B | Hepatitis C |
| ALL AMERICAN INDIAN RESIDENTS OF ARIZONA | | 4,090† | 1,761 | 151 | 769 | 96 | 549 | 10† | 198 | 198 | 46 | 50 | 271 | 0† | 10† |
| Resided on reservation | Ak-Chin Indian Community | 14 | 10† | * | * | 0 | * | 0 | 0 | 0 | * | 0 | * | 0 | 0 |
| | Cocopah Tribe | 14 | 10† | 0 | * | * | * | 0 | * | 0 | 0 | * | * | 0 | 0 |
| | Colorado River Indian Tribe | 13 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Fort McDowell Yavapai Nation Reservation | 8 | 0† | * | * | * | 0 | 0 | 0 | * | 0 | 0 | 0 | 0 | 0 |
| | Fort Mohave Indian Tribe | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Gila River Indian Community | 214 | 90† | 8 | 36 | * | 31 | 0 | 7 | 6 | * | 6 | 19 | 0 | * |
| | Havasupai Tribe | 9 | 10† | * | * | 0 | * | 0 | * | 0 | 0 | 0 | 0 | 0 | 0 |
| | Hopi Tribe | 62 | 30† | * | 8 | * | 12 | 0 | * | 0 | * | * | 6 | 0 | 0 |
| | Hualapai Tribe | 13 | 0† | * | * | * | * | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Kaibab Indian Reservation | 1 | 0† | 0 | * | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Navajo Nation | 963 | 460† | 41 | 188 | 34 | 148 | 0 | 39 | 52 | 10 | 7 | 92 | * | 0 |
| | Pascua Yaqui Tribe | 14 | 10† | 0 | * | 0 | * | 0 | * | * | 0 | 0 | 0 | 0 | 0 |
| | Salt River Pima-Maricopa Indian Community | 89 | 40† | * | 13 | * | 14 | 0 | * | * | * | * | * | 0 | * |
| | San Carlos Apache Tribe | 161 | 70† | 7 | 16 | * | 22 | * | 11 | * | * | 6 | 17 | 0 | * |
| | Tohono O'Odham Nation | 107 | 60† | * | 24 | * | 17 | 0 | 10 | 21 | 0 | 0 | * | 0 | 0 |
| | White Mountain Apache Tribe | 206 | 90† | 13 | 32 | * | 34 | 0 | 21 | * | 7 | 9 | 13 | 0 | * |
| | Yavapai-Apache Nation | 4 | 0† | 0 | * | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | TOTAL | 1,900† | 860† | 90† | 330† | 50† | 290† | 0† | 100† | 90† | 30† | 30† | 160† | 0† | 0† |
| Resided off reservation | ---in Maricopa County | 1,133 | 440† | 39 | 208 | 19 | 124 | * | 39 | 35 | 7 | 7 | 60 | * | * |
| | ---in Pima County | 256 | 140† | * | 56 | 12 | 43 | * | 30 | 54 | * | * | 13 | 0 | * |
| | ---in Coconino County | 252 | 110† | 9 | 60 | 6 | 39 | * | * | * | * | 0 | 13 | * | 0 |
| | ---elsewhere in Arizona | 551 | 220† | 15 | 113 | * | 55 | * | 24 | 17 | 6 | 8 | 27 | 0 | 0 |
| | | TOTAL | 2,192 | 904 | 70† | 437 | 40† | 261 | 0† | 100† | 110† | 20† | 20† | 113 | 0† |

Notes: * Cell suppressed due to non-zero count less than 6; † Sum rounded to nearest tens unit due to non-zero addend less than 6; ^a Medical risk factors do not sum to the number of births with medical risk factors as each birth may be associated with multiple medical risk factors.

**4.9
SMOKING DURING PREGNANCY (2020 STATUS)**

| | | TOTAL BIRTHS | Smoking during pregnancy | | | |
|---|--|--------------|--------------------------|--------------|--------------|---------|
| | | | Non Smoker | Light Smoker | Heavy Smoker | Unknown |
| ALL AMERICAN INDIAN RESIDENTS OF ARIZONA | | 4,090† | 3,780† | 100† | 20† | 190† |
| Resided on reservation | Ak-Chin Indian Community | 14 | 14 | 0 | 0 | 0 |
| | Cocopah Tribe | 10† | 12 | * | 0 | 0 |
| | Colorado River Indian Tribe | 10† | 11 | * | 0 | 0 |
| | Fort McDowell Yavapai Nation Reservation | 10† | 7 | * | 0 | 0 |
| | Fort Mohave Indian Tribe | 0† | * | 0 | 0 | 0 |
| | Gila River Indian Community | 210† | 210 | * | * | 0 |
| | Havasupai Tribe | 10† | 6 | * | 0 | * |
| | Hopi Tribe | 60† | 60 | * | 0 | 0 |
| | Hualapai Tribe | 13 | 13 | 0 | 0 | 0 |
| | Kaibab Indian Reservation | 0† | 0 | 0 | 0 | * |
| | Navajo Nation | 963 | 802 | 8 | 0 | 153 |
| | Pascua Yaqui Tribe | 10† | 13 | 0 | 0 | * |
| | Salt River Pima-Maricopa Indian Community | 90† | 88 | * | 0 | 0 |
| | San Carlos Apache Tribe | 160† | 153 | * | * | * |
| | Tohono O'Odham Nation | 110† | 100 | 6 | * | 0 |
| | White Mountain Apache Tribe | 206 | 197 | 9 | 0 | 0 |
| | Yavapai-Apache Nation | 0† | * | 0 | 0 | 0 |
| | TOTAL | 1,900† | 1,690† | 40† | 10† | 160† |
| Resided off reservation | ---in Maricopa County | 1,130† | 1,094 | 27 | * | 8 |
| | ---in Pima County | 260† | 243 | 9 | * | 0 |
| | ---in Coconino County | 250† | 245 | * | 0 | * |
| | ---elsewhere in Arizona | 550† | 504 | 21 | * | 21 |
| | | TOTAL | 2,192 | 2,086 | 60† | 10† |

Notes: * Cell suppressed due to non-zero count less than 6; † Sum rounded to nearest tens unit due to non-zero addend less than 6.