4D.

INJURY-RELATED INPATIENT DISCHARGES AND EMERGENCY DEPARTMENT VISITS BY INTENT AND MECHANISM OF INJURY

Injury hospitalizations and injury-related emergency department visits are defined here through the range of ICD-9-CM codes 800-999 used as the first-listed diagnosis. In addition, the supplementary classification of external causes of injury and poisoning (ICD-9-CM codes E800 – E999) is used to permit the classification of environmental events, circumstances and conditions as the cause of injury, poisoning and other adverse effects. The “E” code classification is used to describe both the mechanism or external cause of injury (e.g., motor vehicle traffic, fall, poisoning), but also the manner or intent of the injury (e.g., self-inflicted, assault, accident).

In 2005, approximately one in nine inpatient hospitalizations for injury (and one in six emergency department visits) did not have an external cause code. On the other hand, some of the non-injury first-listed diagnoses may also have an external cause of injury code.

Note: comparative U.S. data can be found in the publications of the National Center for Health Statistics, such as National Trends in Injury Hospitalizations 1979 – 2001: http://www.cdc.gov/nchs/products/pubs/pubd/other/miscpub/miscpub.htm#Injury or Emergency Department Visit Injury Data: http://www.cdc.gov/nchs/about/otheract/injury/injury_emergency.htm
In 2005, there were 60,608 inpatient hospitalizations for injury and poisoning. Unintentional injuries in accidents accounted for 49.1 percent of all inpatient discharges for injury (Figure 4D-1). Approximately 19,079 inpatient hospitalizations were for complications of medical care and adverse effects of medical treatment (including adverse drug reactions and complications from surgical and medical procedures) and represented 31.5 percent of all injury-or poisoning-related inpatient hospitalizations. Self-inflicted injuries in suicide resulted in 2,823 inpatient hospitalizations (4.7 percent). Assault accounted for 1,760 inpatient hospitalizations (2.9 percent of all hospital discharges for injury).

The external cause was not provided for 10.8 percent of inpatient discharges for injury.

Accidental falls (48.2 percent, Figure 4D-2), motor vehicle accidents (27.0 percent), and drug overdoses (6.1 percent) accounted for the largest proportions of inpatient hospitalizations for unintentional injury in 2005.

Among the natural and environmental factors as external causes of inpatient hospitalization for unintentional injury, the three most frequent were poisoning and toxic reaction caused by venomous animals (364 inpatient discharges), other injury causes by animals (288 inpatient discharges), and exposure to excessive natural heat (178 inpatient discharges). Exposure to excessive natural cold accounted for 2.8 percent (24 out of 869) of inpatient hospitalizations for injuries due to natural and environmental factors.
In 2005, there were 399,984 injury-related emergency department visits among Arizona residents, 6.6 times as many as inpatient hospitalizations for injury. Unintentional injuries or accidents accounted for three out of four (297,510 or 74.4 percent) of all injury-related emergency department visits (Figure 4D-3). The external cause of injury was classified as assault for 15,593 emergency department visits: these were the injuries purposely inflicted by another person. Complications of care and adverse effects of medical treatment accounted for a greater number of emergency department visits than self-inflicted injuries in suicide (2.5 percent vs. 1.1 percent, respectively, Figure 4D-3).

Accidental falls (98,780 ED visits, Table 4D-2), motor vehicle traffic accidents (45,554 and striking against or struck by objects or persons (43,990) were the three most frequent mechanisms of unintentional injuries treated in emergency rooms (Figure 4D-4).

Overexertion (34,800 visits) accounted for a greater number of emergency department visits than the following three categories of unintentional injury combined: motor vehicle non-traffic accidents (9,227) fire and flames (6,999), and natural and environmental factors (18,527 Table 4D-2).
The rates (i.e., the number of inpatient hospitalizations per 10,000 persons) for injury-related inpatient discharges clearly are associated with the age of the injured patient (Figure 4D-5). The older the injured person, the more likely it is to be admitted as inpatient. The rate of 281.1 per 100,000 elderly Arizonans 65+ was 7.9 times greater than the rate of 35.4/10,000 for children under the age of 15 years.

The rates for injury-related emergency department visits (i.e., the number of ED visits per 10,000 persons; Figure 4D-6) reveal a different age-specific pattern. The rates are the highest among the younger patients, who are more likely to be released home rather than admitted as inpatients. The rate of 903.5 ED visits per 10,000 adolescents 15-19 years old was 1.7 times greater than the rate of 546.0/10,000 among Arizonans aged 65 years or older.