

INTRODUCTION

ORGANIZATION OF THE REPORT

This publication by the Arizona Department of Health Services, **Arizona Health Status and Vital Statistics 2013**, is the annual update of information on vital statistics and the health status of Arizona residents. It provides population-wide data on *pregnancies, births, abortions, stillbirths, reportable diseases, deaths, marriages, divorces, hospital inpatient discharges, emergency department visits, and the population* of the State.

The year 2013 report highlights both statewide trends as well as inequalities in health by subgroups including race/ethnicity, gender, and county. When possible, the data for 2013 are placed in a temporal context by comparison with the data for preceding years. The information in this volume consists of frequencies and rates of vital events for the State's residents (except as noted).

The updated *Index to Tables* in this report contains entries referring to specific health conditions, risk factors, disease categories, diagnostic groupings, procedures performed on hospital inpatients, and causes of death. The report provides information to monitor a number of the "Winnable Battles" identified in the Arizona Department of Health Services' Strategic Map including mortality data on obesity, enterocolitis due to *Clostridium difficile* (an infection associated with healthcare settings), and suicide, as well as information on births, fetal deaths, and abortions used to measure teenage pregnancy.

Since 1992, the report has been organized into three major parts, reflecting differences in geographic coverage:

Part I is concerned with statewide statistics, Part II presents county-level information, and Part III is focused on community-level data.

The first two parts are further divided into sections on reproductive and perinatal health, mortality, utilization of hospital care, and the status on year 2020 health objectives.

Not all health statistics are available or effectively reported at the community level. Hence, information about pregnancies, stillbirths, abortions, inpatient discharges, emergency room visits, reportable diseases, marriages, and marriage dissolutions is given only for the State and by county.

Part I of the report, **THE STATE**, has four chapters. The first chapter deals with *reproductive and perinatal health*, i.e., characteristics of women who became pregnant, factors related to the course of their pregnancies, and the status of pregnancy outcomes. Much of these data are given for each year from 2003 to 2013. The natality section of this report is concerned with fertility and birth rates, the general health of newborns as indexed by birthweight, prematurity, and selected demographic and prenatal care characteristics of the women giving birth.

The second chapter is focused on *trends and patterns in mortality*. It compares the annual age-adjusted profile of leading causes of death by gender from 2003 to 2013. Urban/rural and racial/ethnic differences in cause-specific mortality are also examined for Arizona residents. The five leading causes of death are discussed for infants (<1 year), children (1-14 years), adolescents (15-19 years), young adults (20-44 years), middle-aged adults (45-64 years), and the elderly (65 or more years). For each age group, cause-specific mortality is compared between urban (Maricopa, Pima, Pinal, and Yuma counties) and rural (Apache, Cochise, Coconino, Gila, Graham, Greenlee, La Paz, Mohave, Navajo, Santa Cruz, and Yavapai) regions and between genders by year from 2003 to 2013. Urban and rural regions are compared in gender-specific total mortality. The chapter on mortality concludes with an examination of patterns of premature mortality by gender and race/ethnicity.

Morbidity, or the levels of disease in the population, is the topic of the third chapter. The presentation is limited to data on diseases reported for the entire population of the State by statutory mandate. Separate sections focus on non-sexually transmitted diseases, sexually transmitted diseases, and human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS).

Chapter 4 is focused on *inpatient hospital care*, as well as *emergency room care* in Arizona in 2013. An inpatient discharge occurs when a person who was admitted to a hospital leaves that hospital. A person who has been admitted to the emergency room or as a hospital inpatient more than once in a given calendar year will be counted multiple times as a discharge and included more than once in the hospital discharge data set; thus, the statistics on inpatient hospital care and emergency room care in this report are for discharges, not persons.

The available data are for State-licensed hospitals including psychiatric facilities. Federal, military, and the Department of Veteran Affairs hospitals are not included. All discharges are for the residents of Arizona. Discharges of out-of-state residents are not included in this report. Diagnostic groupings and code numbers are based on the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM).

Beginning in 2008, up to twenty-five diagnoses are coded for each discharge. In sections 4A and 7A, discharges are presented by first-listed (or principal) diagnosis, which is the first listed on the discharge summary of the medical record. The number of first-listed diagnoses is the same as the number of discharges.

The data on the number of procedures in sections 4B and 7B are for inpatients only. Procedures include surgical and non-surgical operations, diagnostic procedures, and special treatments reported on the medical record. Up to six procedures were included for each discharge. These all-listed procedures include all occurrences of the procedure regardless of the order on the medical record.

Preceding the tabulated data in the first four chapters is a narrative description of the findings. This description is not meant to be exhaustive but rather is a presentation of the major highlights to be gleaned from the data.

Part II and Part III contain information with no accompanying narrative.

Part II, **THE COUNTIES**, presents the tabulated data on 1) trends and patterns in health status and vital statistics by county of residence in Chapter 5, and 2) county profiles and statewide trends on indicators for assessing health status and monitoring Arizona's progress toward Healthy People 2020 objectives in Chapter 6. The health indicators are organized around ten subject areas: *maternal, infant, and child health, responsible sexual behavior, vaccine preventable diseases, injury and violence, cancer, diabetes, heart disease and stroke, respiratory diseases, human immunodeficiency virus (HIV) disease, and substance abuse*; 3) hospital inpatient and emergency room statistics by disease category, diagnosis group, and all-listed procedures by patient's county of residence in Chapter 7 and; 4) selected historical vital events including births, deaths, infant deaths, marriages, and dissolutions of marriage by year and county in the State for 1960-2002 in Chapter 8.

Part III, **THE COMMUNITIES**, provides readers with selected community-level data on live births and deaths in Arizona in 2013 (Chapter 9). In

addition to the community-level data provided herein, a wealth of health and health-related information is now available at the Arizona Department of Health Services Bureau of Public Health Statistics Community Profiles Dashboard: <http://www.azdhs.gov/phs/phstats/profiles/index.php>.

Chapter 10 presents population denominators for Arizona by gender, age groups, county of residence, and race/ethnicity.

To use **Arizona Health Status and Vital Statistics 2013** effectively, the reader should become familiar with the *Technical Notes* at the end of the report. They provide definitions of terms used in the report, as well as information about the sources of data. *Technical Notes* also provide a link to detailed comparability ratios used to make comparisons between cause-of-death data classified by the Ninth and Tenth Revisions of the International Classification of Diseases.

In addition to the bound form, the **Arizona Health Status and Vital Statistics 2013** report, as well as previously published reports for 2000-2012, are available online at: <http://www.azdhs.gov/plan/report/ahs/index.php>.

FEATURES OF 2013 REPORT

CELL SUPPRESSION

The 2013 *Arizona Health Status and Vital Statistics* report is the second report in this series to include cell suppression. Using suppression rules similar to those used by the National Center for Health Statistics (NCHS), this report now attempts to maintain the anonymity of the individuals whose vital records are summarized herein.

Cell suppression is a method of removing potentially identifiable information from tables. In cell suppression, the first task is *primary suppression*, or removing non-zero counts in the body of a table that fall below a certain number. Primary cells that were less than six but greater than zero were suppressed and identified with an asterisk (*). Next, *secondary suppression* is used to obfuscate the totals or sums with components, or *addends*, that fall below the threshold for primary suppression. These totals are typically reported in the margins of table rows and columns. Column or row totals that contained a non-zero addend less than 6 were rounded to the nearest tens-unit and identified with a dagger (†). Rates, ratios, and percentages that were based on a non-zero numerator less than six were suppressed and identified with a double asterisk (**). In certain cases where these rules would have dictated the rounding of a row or column total, or suppression of an

overall rate/ratio/percentage, but the value of the information contained in the total was identified as important or attainable from other sources, these rules were relaxed and the original value was reported.

BRIDGING RACE/ETHNICITY

To calculate the rates used in this report, it was necessary to standardize race and ethnicity for both the vital events (in the birth, death, and fetal death data) and the population denominators. In these data sources, information on race and ethnicity is collected and categorized in a number of different ways, requiring a standard method of classifying race and ethnicity.

To create frequency counts of race and ethnicity that were adequate to compute statistically reliable rates, race was “bridged”, or essentially collapsed into 5 categories; White non-Hispanic, Hispanic or Latino, Black or African American, Native American or Alaskan Native, and Asian or Pacific Islander. When an individual was identified as both Hispanic and any other race, that person was included in the racial/ethnic group with the lowest population. For example, a person identified as both White and Hispanic would be coded as Hispanic, where a person identified as American Indian and Hispanic would be coded as American Indian. Please refer to the technical appendix for further explanation of the racial bridging used in this report.

REVISED POPULATION DENOMINATORS

The 2013 Arizona Department of Health Services population denominators were estimated using the 2013 population projections obtained from the Office of Employment and Population Statistics within the Arizona Department of Administration (ADOA). Denominators calculated for census years have used the census counts, but denominators for inter-censal years have been estimated using various sources of information. For example, the 2011 population denominators were created using the 2011 CDC bridged-race population estimates in combination with county-level population estimates provided by the ADOA. Due to differences in the data sources used to calculate population denominators, variation in rates from 2011 to 2012 may in part be due to differences in denominator estimates.

For example, the estimate for Arizona’s Native American population decreased by 15 percent from 2011 (n = 360,414) to 2012 (n = 305,029). For Native American young adults (age 20 – 44), the number of deaths increased by a modest 7.1 percent from 2011 (n = 364) to 2012 (n = 390). In contrast, the age-adjusted mortality rate for Native Americans increased

27.1 percent from 2011 (276.5/100,000) to 2012 (351.4/100,000). An estimated 309,035 Native Americans were living in Arizona 2013, representing a more gradual 1.3 percent increase from 2012.

As the illustration above shows, the difference in methods used to calculate population denominators can lead to variation in rates that do not accurately reflect changes in the number of events occurring in the population. We recommend analyzing the underlying counts for each event before interpreting variation in rates from 2011 to 2012.

KEY FINDINGS

STABILITY IN NUMBER OF RESIDENT BIRTHS

In 2013 there were 84,963 resident births, representing the lowest annual number of resident births since 1999. Compared to 2012, the number of births decreased for all racial/ethnic groups excluding Black or African Americans, who had a 0.2 percent increase.

SELECTED CHARACTERISTICS OF THE WOMEN GIVING BIRTH IN 2013

Among women who gave birth in Arizona in 2013:

- 45,792 births (53.9 percent) were paid for by the Arizona Health Care Cost Containment System (AHCCCS).
- 38,352 (45.2 percent) were unmarried, which may signify absence of emotional, social, and financial resources.
- 35,447 (41.7 percent) had a serious medical condition such as hypertension, anemia, or diabetes.
- 27,211 (32.0 percent) experienced complications during labor and/or delivery.
- 15,757 (18.5 percent) received late or no prenatal care.
- 7,222 (8.5 percent) were teenagers 19 years old or younger.
- 3,944 (4.6 percent) smoked and/or used alcohol during pregnancy.

TEEN PREGNANCIES

In 2013, both the number of teen pregnancies (n = 8,715) and the teen pregnancy rate (19.2) were the lowest they have been since at least 1983 (the most recent information that could be found). From 2007 to 2013 the number of teen pregnancies decreased by 42.0 percent and the pregnancy rate by 44.2 percent. From 2012 to 2013 the number of teen pregnancies decreased by 10.2 percent and the pregnancy rate by 11.1 percent.

The number of teenage pregnancies decreased more than 50 percent between 2007 and 2013

for white non-Hispanic and Asian females, more than 40 percent for Hispanic or Latino and American Indian females, and around 30 percent for Black or African American females.

Teenage females also received fewer abortions in 2013 (n = 1,441) than in 2012 (n = 1,539). More than 40 percent of abortion records for teenage females reported either multiple race/ethnicities or was missing information on race/ethnicity, making the calculation of percent change in teenage abortions by race/ethnicity ineffective.

TOTAL MORTALITY

During 2013, 49,929 Arizona residents died, 1,470 more than in 2012. The 2013 age-adjusted mortality rate slightly increased from 687.2 per 100,000 residents in 2012 to 687.8 per 100,000 residents in 2013. The median age at death in 2013 was 76.9 years.

INFANT MORTALITY

In 2013, 447 infants died before reaching their first birthday, 254 fewer than the latest peak of 701 infant deaths in 2007. The infant mortality rate (IMR) decreased from 5.8 infant deaths per 1,000 live births in 2012 to 5.3/1,000 in 2013, the lowest IMR in the State's history.

Newborn weight at birth is one of the most important predictors of an infant's survival chances. In 2013, the mortality rate among babies weighing less than 500 grams at birth was 84.8 percent. Together, births of infants weighing less than 1,500 grams accounted for 1.1 percent of births and 47.9 percent of all infant deaths.

CAUSE-SPECIFIC MORTALITY

In 2013, the number of deaths due to **nephritis** decreased from 440 in 2012 to 391 in 2013, a 11.1 percent decrease. In 2013, 160 Arizonans died from **obesity** as the underlying cause of death, a 16.2 percent decrease from 2012. The number of completed **suicides** in 2013 (n = 1,116) was a slight increase from the 1,070 suicides observed in 2012. In 2013, males accounted for 77.1 percent of suicides. In 2013, suicide was the 7th leading cause of death among males. It ranked as the 11th leading cause of mortality for females. The age-adjusted suicide rate increased from 16.2 suicides per 100,000 in 2012 to 17.0/100,000 in 2013. From 2012 to 2013, middle-aged adults (ages 45-64 years) experienced an unprecedented increase in mortality from accidental poisoning, increasing 26.1 percent.

From 2009 to 2013 the number of deaths from **diabetes** increased by 61.8 percent, from 1,078 deaths in 2009 to 1,744 deaths in 2013. In addition to 1,744 deaths that had diabetes

assigned as the underlying cause, another 2,762 deaths had diabetes assigned as a contributing factor. The diabetes-related death rate of 60.7/100,000 was 2.6 times greater than the rate for diabetes as underlying cause (23.6/100,000). The diabetes-related death rate includes all mentions of diabetes on the death certificate as the underlying cause or other than underlying cause.

HOSPITAL CARE

In 2013 there were 636,535 inpatients discharged, excluding newborn infants, from non-Federal short stay hospitals in Arizona. Among those admitted as inpatients, 2,701 Arizonans were hospitalized with the diagnosis of **enterocolitis due to Clostridium difficile**, a bacterial inflammation of the intestines. The disease is of growing public health concern because it is often acquired in hospitals and other health care institutions with long-term patients as residents.

In 2013, 2,568 Arizonans were admitted as inpatients with the diagnosis of **depression** as first-listed diagnosis. In addition there were 6,885 emergency room records with depression as the first-listed diagnosis (for a total of 10,256 hospital encounters). When considering all nine potential diagnoses associated with a hospital discharge, depression was associated with 100,979 inpatient or emergency room discharges in 2013.

EMERGENCY ROOM CARE

During 2013, nearly 2.0 million visits were made by Arizona residents to hospital emergency rooms (ER), about 30.2 visits per 100 persons. In 2013, **abdominal pain, chest pain, acute upper respiratory infection, mental disorders, contusion with intact skin surfaces, and spinal disorders** were the leading diagnostic categories, accounting for approximately one-fourth (22.2 percent) of all visits

Around seventeen-hundred Arizonans were treated in an emergency room with the diagnosis of **exposure to excessive natural heat**.

A comparison of some of the basic findings for the State for 2003, 2008, and 2013 is presented on the following page.