

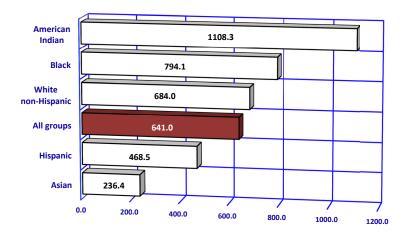
In 2015, the 1,639,551 middleaged adult residents aged 45 to 64 experienced 10,510 deaths, or an average of 29 deaths, per day. The total number of deaths among 45 – 64 year old Arizona residents was higher in 2015, than any year since 1980, and is likely the greatest number of deaths among this age group in Arizona's history (**Table 2C-19**).

The 2015 total mortality rate among middle-age females was 4.4 percent lower, and among middle-aged males 5.0 percent lower than their respective rates in 2005 (**Figure 2C-17**, **Table 2C-19**). In 2015, the mortality rate for males age 45 - 64 was 67.8 percent greater than for females of the same age group.

The five causes with the greatest number of deaths in 2005-2015 malignant were neoplasms, diseases of heart, accidents, chronic liver disease and cirrhosis, and chronic lower respiratory diseases (Table 2C-**19**).

Note: <sup>a</sup> Number of deaths per 100,000 persons, 45-64 years old in specified group.





American Indian, Black or African American, and White non-Hispanic middle-aged adults had the three highest mortality rates (1108.3/100,000, 794.1/100,000, and 684.0/100,000, respectively) among the racial/ethnic groups.

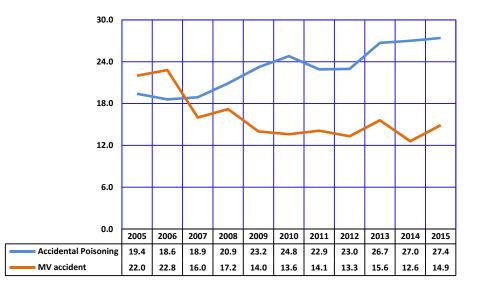
If the 2015 total mortality rate for Asian middle-aged adults applied to all Arizona residents 45-64 years old, 3,876 middle-aged adults would have died rather than the 10,510 who actually did.

Note: <sup>a</sup> Number of deaths per 100,000 persons, 45-64 years old in specified group.

In recent years, middle-aged adults experienced an unprecedented increase in mortality from accidental poisoning. The 2015 mortality accidental rates to due poisoning was 27.4 per 100,000 adults aged 45-65 years, an increase of 1.5 percent from 2014. In 2015, about 449 deaths were attributed to accidental (Table poisoning 2C-22), compared to 250 deaths in 2005. Of the accidental poisoning deaths in this age group, 400 were drug overdoses (ICD10 X40-X44) and 46 were alcohol poisoning (ICD10 X45).

Beginning in 2007, the mortality rate for accidental poisoning exceeded the mortality rate for motor vehicle-related injuries among the middle-aged (Figure 2C-19). In 2015, accidental poisoning mortality rate of 27.4 100,000 middle-aged per adults was 1.8 times fold higher than the mortality rate of 14.9 per 100,000 for motor vehicle accidents. White non-Hispanics accounted for about 73.9 percent of all accidental poisoning deaths (Table 2C-22).





Note: <sup>a</sup> Number of motor vehicle and accidental poisoning deaths per 100,000 persons, 45-64 years old in specified group.

Figure 2C-20 Mortality Rates by Gender in Urban<sup>a</sup> and Rural Areas among Middle-Aged Adults 45-64 Years, Arizona, 2015

1200.0 1000.0 800.0 600.0 400.0 746.1 1054.9 454.8 603.7 200.0 MALE EEMALE

Note: <sup>a</sup> Urban counties include Maricopa, Pima, Pinal, and Yuma counties.

In 2015, as in the past, rural middle-aged males had the poorest survival chances (**Figure 2C-20, Table 2C-21**). The mortality rate for rural middle-aged males in 2015 was 41.4 percent greater than for urban males, 74.7 percent greater than rural females, and 131.9 percent (1.8 times) greater than urban females.