All states require that certain sexually transmitted diseases (STDs) be reported by physicians and other health care providers when they suspect that a case has occurred or they have laboratory confirmation.

It is important to note that disease reporting is likely incomplete and completeness may vary depending on the disease. Moreover, changes in methods for public health surveillance, or implementation of new diagnostic tests can cause changes in disease reporting that are independent of the true incidence of disease. In this section, STD rates were calculated using denominators from the CDC for years prior 2018. In the current report, the Arizona Department of Health Services denominators were used to compute the STD rates.

Neisseria gonorrhoeae infection is the second most commonly reported notifiable disease in the United States. (Figure 3B-1). The consistent steady increase in the incidence rate of gonorrhea since 2009 likely resulted from a combination of factors, such as changes in surveillance, increases in the number of tests performed, and actual increases in disease occurrence (Figure 3B-1).

The Healthy People 2010 objective HP2 5-2 defines the target rate for gonorrhea as equal to or lower than 19.1 cases per 100,000 population. However, the Healthy People 2020 target is for ages 15-44 and is set at 151.0/100,000 females and 147.0/100,000 males (Table 6A-2).

The 2018 incidence rate for gonorrhea was 372.8 per 100,000 for Arizona females aged 15-44 years, meaning Arizona’s incidence rate was higher than the Healthy People 2020 objective. Generally, the trends in gonorrhea incidence rates are similar for women in the age groups 15-24 and 15-44, although the overall incidence rate is consistently higher for women aged 15-24.
Chlamydia trachomatis is the most prevalent bacterial sexually transmitted disease in the United States (1,758,668 cases in 2018) with the highest rates reported among adolescents and young adults (Table 3B-4). Recent availability of sensitive tests for chlamydia using DNA amplification technology undoubtedly contributed to the increase in the number of reported cases in Arizona over the last decade (Figure 3B-3, Table 3B-1).

The incident rate of chlamydia was previously reported for females aged 15-24 years, however based on changes in Healthy People 2020, it would be reported for females 15-44 years. The Healthy People 2020 goal for chlamydia is set at 1,478.2 per 100,000 females. The incidence rate for Arizona in 2018 was 1,958 per 100,000 females age 15-44 years (Table 6A-2).

Congenital syphilis is an infection caused by the spirochete Treponema pallidum, which can be passed from the mother to child during fetal development or birth. Not all infants born to infected women will be infected.

In 1988, CDC implemented a new Congenital syphilis case definition. It no longer relies on documentation of infection in the infant; rather, it presumes that an infant is infected if it cannot be proven that an infected mother was adequately treated for syphilis before or during pregnancy.

The Healthy People 2020 goal for congenital syphilis is 14.5 cases per 100,000, which has been surpassed by Arizona in each year from 2008 to 2018, with sole exception of 2014. The Arizona incidence rates of congenital syphilis were for the most part below 20 cases per 100,000 infants, with exception to years prior 2010 and after 2016. In 2017, a sharp increase in the incidence was recorded (36.7/100,000), and in 2018, the rate more than doubled at 75.7/100,000 (Figure 3B-4, Table 6A-2).