

INTRODUCTION

ORGANIZATION OF THE REPORT

This publication by the Arizona Department of Health Services, **Arizona Health Status and Vital Statistics 2020**, is the annual update of information on vital statistics and the health status of Arizona residents. It provides population-wide data on *pregnancies, births, abortions, stillbirths, reportable diseases, deaths, marriages, divorces, hospital inpatient discharges, emergency department visits, and the population* of the state.

The 2020 report highlights both statewide trends as well as inequalities in health by subgroups including race/ethnicity, gender, and county. When possible, the data for 2020 are placed in a temporal context by comparison with the data for preceding years. The information in this volume consists of frequencies and rates of vital events for the state's residents (except as noted).

The updated *Index to Tables* in this report contains entries referring to specific health conditions, risk factors, disease categories, diagnostic groupings, procedures performed on hospital inpatients, and causes of death. The report provides information to monitor a number of indicators including mortality data on emerging topics such as COVID-19, obesity, enterocolitis due to *Clostridium difficile* (an infection associated with healthcare settings), and suicide, as well as information on births, fetal deaths, and abortions used to measure teenage pregnancy.

Since 1992, the report has been organized into three major parts, reflecting differences in geographic coverage:

Part I is concerned with **statewide** statistics, *Part II* presents **county-level** information, and *Part III* is focused on **community-level** data.

The first two parts are further divided into sections on reproductive and perinatal health, mortality, utilization of hospital care, and the status on year 2020 health objectives.

Not all health statistics are available or effectively reported at the community level. Hence, information about pregnancies, stillbirths, abortions, inpatient discharges, emergency room visits, reportable diseases, marriages, and marriage dissolutions is given only for the state and by county.

Part I of the report, **THE STATE**, has four chapters. The first chapter deals with *reproductive and perinatal health*, i.e., characteristics of women who became pregnant, factors related to the course of their pregnancies, and the status of pregnancy outcomes. Much of these data are given for each year from 2010 to 2020. The natality section of this report is concerned with fertility and birth rates, the general health of newborns as indexed by birthweight, prematurity, and selected demographic and prenatal care characteristics of the women giving birth.

The second chapter is focused on *trends and patterns in mortality*. It compares the annual age-adjusted profile of leading causes of death by gender from 2010 to 2020. Urban/rural and racial/ethnic differences in cause-specific mortality are also examined for Arizona residents. The five leading causes of death are discussed for infants (<1 year), children (1-14 years), adolescents (15-19 years), young adults (20-44 years), middle-aged adults (45-64 years), and the elderly (65 or more years). For each age group, cause-specific mortality is compared between urban (Maricopa, Pima, Pinal, and Yuma counties) and rural (Apache, Cochise, Coconino, Gila, Graham, Greenlee, La Paz, Mohave, Navajo, Santa Cruz, and Yavapai) regions and between genders by year from 2010 to 2020. Urban and rural regions are compared in gender-specific total mortality. The chapter on mortality concludes with an examination of patterns of premature mortality by gender and race/ethnicity.

Morbidity, or the levels of disease in the population, is the topic of the third chapter. The presentation is limited to data on diseases reported for the entire population of the state by regulatory mandate. Separate sections focus on non-sexually transmitted diseases, sexually transmitted diseases, and human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS).

Chapter 4 is focused on *inpatient hospital care*, as well as *emergency room care* in Arizona in 2020. An inpatient discharge occurs when a person who was admitted to a hospital leaves that hospital. A person who has been admitted to the emergency room or as a hospital inpatient more than once in a given calendar year will be counted multiple times as a discharge and included more than once in the hospital discharge data set; thus, the statistics on inpatient hospital care and emergency room care in this report are for discharges, not persons.

The available data are for state-licensed hospitals including psychiatric facilities. Federal, military, and the Department of Veteran Affairs hospitals are not included. All discharges are for the residents of Arizona. Discharges of out-of-state residents are not included in this report.

Beginning in 2008, up to twenty-five diagnoses are coded for each discharge. In sections 4A and 7A, discharges are presented by first-listed (or principal) diagnosis, which is the first listed on the discharge summary of the medical record. The number of first-listed diagnoses is the same as the number of discharges.

The data on the number of procedures in sections 4B and 7B are for inpatients only. Procedures include surgical and non-surgical operations, diagnostic procedures, and special treatments reported on the medical record. Unlike years prior to 2016 where up to six procedures were analyzed for each discharge, in the current report, all the 12 listed procedures are taken into account in the hospital discharge analysis. These all-listed procedures include all occurrences of the procedure regardless of the order on the medical record.

Beginning in 2015, all Arizona hospitals transitioned from the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) to the International Classification of Diseases, 10th Revision, Clinical Modification/ Procedure Coding System (ICD-10-CM/PCS) for coding morbidity causes. The 2015 report included diagnostic groupings and code numbers based on ICD-9-CM for the first three quarters of the year, and ICD-10-CM for the last quarter (October to December). The 2020 report is the fifth of the series to contain diagnosis and procedures codes classified by ICD-10-CM/ICD-10-PCS.

Preceding the tabulated data in the first four chapters is a narrative description of the findings. This description is not meant to be exhaustive but rather is a presentation of the major highlights to be gleaned from the data.

Part II and Part III contain information with no accompanying narrative.

Part II, **THE COUNTIES**, presents the tabulated data on 1) trends and patterns in health status and vital statistics by county of residence in Chapter 5, and 2) county profiles and statewide trends on indicators for assessing health status and monitoring Arizona's progress toward Healthy People 2020 objectives in Chapter 6. The health indicators are organized around ten subject areas: *maternal, infant, and child health, responsible sexual behavior, vaccine preventable diseases, injury and violence, cancer, diabetes,*

heart disease and stroke, respiratory diseases, human immunodeficiency virus (HIV) disease, and substance abuse; 3) hospital inpatient and emergency room statistics by disease category, diagnosis group, and all-listed procedures by patient's county of residence in Chapter 7 and; 4) selected historical vital events including births, deaths, infant deaths, marriages, and dissolutions of marriage by year and county in the state for 1970-2009 in Chapter 8.

Part III, **THE COMMUNITIES**, provides readers with selected community-level data by Primary Care Areas on live births and deaths in Arizona in 2020 (Chapter 9). In addition to the community-level data provided herein, a wealth of health and health-related information is now available at the Arizona Department of Health Services Community Profiles Dashboard: <http://www.azdhs.gov/phs/phstats/profiles/index.php>.

Chapter 10 presents population denominators for Arizona by gender, age groups, county of residence, and race/ethnicity.

To use **Arizona Health Status and Vital Statistics 2020** effectively, the reader should become familiar with the *Technical Notes* at the end of the report. They provide definitions of terms used in the report, as well as information about the sources of data. *Technical Notes* also provide a link to detailed comparability ratios used to make comparisons between cause-of-death data classified by the Ninth and Tenth Revisions of the International Classification of Diseases.

In addition to the bound form, the **Arizona Health Status and Vital Statistics 2020** report, as well as previously published reports for 2000-2019, are available online at: <http://pub.azdhs.gov/health-stats>.

FEATURES OF 2020 REPORT

THE 2003 REVISED BIRTH CERTIFICATE

On January 1, 2014, The Arizona State Vital records implemented the 2003 U.S. Certificate of live birth, a revised version of the 1989 Standard Certificate of birth. The 2020 Health Status report covered the seventh year of data collected using the 2003 Standard Certificate of birth.

The revised birth certificate introduced new items, and significant changes in content and format of pre-existing fields. Due to these amendments, items such as, mother's education, month prenatal began, pregnancy weight gain, and tobacco use during pregnancy, while in the 1998 certificate are not comparable between versions. *Mother's educational attainment* as collected on the revised birth certificate captures

the highest degree or level of education completed by the mother based on a collapsed set of eight categories, consistent with the Census classifications. This represents a change from the 1998 certificate in which mother's education was categorized in 17 response categories according to the number of years of school attended.

Month prenatal care began is no longer directly reported using date of first prenatal visit, but rather computed from the date of the last menstrual period and the date of the first prenatal care visit. Due to significant changes in how *month prenatal care* is calculated, the percent of births to mothers who received first trimester prenatal care is not comparable to previous years.

Pregnancy weight gain is no longer collected using total pregnancy weight gain. The 2003 birth certificate provides more detailed information to allow measurement of gestational weight gain specific to a woman's pre-pregnancy body mass index (BMI). Mother's height, pre-pregnancy weight, and weight at delivery are new items included in the revised birth certificate, making the assessment of prescribed gestational weight gain in relation to pre-pregnancy BMI possible.

Smoking during pregnancy as collected on the 2003 birth certificate captures the level of smoking before and during pregnancy. Smoking status is derived from the average number of cigarettes the mother reported smoking in the first, second and last trimester of the pregnancy. Mothers who reported smoking any number of cigarettes during pregnancy are considered smokers.

The 2003 revision of the birth certificate has also introduced some major changes on the following reported items: *medical risk factors in the pregnancy, obstetric procedures, characteristics of labor and delivery, method of delivery, abnormal conditions of the newborn, and congenital anomalies*. Several checkboxes included in these categories were revised or are completely new to the 2003 form. For more information see http://www.cdc.gov/nchs/nvss/vital_certificate_revisions.htm.

Due to changes on the selected items, the data prior to 2014 may not be comparable to the 2014 data and onward.

CELL SUPPRESSION

The 2020 *Arizona Health Status and Vital Statistics* report is the ninth report in this series to include cell suppression. Using suppression rules similar to those used by the National Center for Health Statistics (NCHS), this report attempts to maintain the anonymity of the

individuals whose vital records are summarized herein.

Cell suppression is a method of removing potentially identifiable information from tables. In cell suppression, the first task is *primary suppression*, or removing non-zero counts in the body of a table that fall below a certain number. Primary cells that were less than six but greater than zero were suppressed and identified with an asterisk (*). Next, *secondary suppression* is used to obfuscate the totals or sums with components, or *addends* that fall below the threshold for primary suppression. These totals are typically reported in the margins of table rows and columns. Column or row totals that contained a non-zero addend less than 6 were rounded to the nearest tens-unit and identified with a dagger (†). Rates, ratios, and percentages that were based on a non-zero numerator less than six were suppressed and identified with a double asterisk (**). In certain cases where these rules would have dictated the rounding of a row or column total, or suppression of an overall rate/ratio/percentage, but the value of the information contained in the total was identified as important or attainable from other sources, these rules were relaxed and the original value was reported.

BRIDGING RACE/ETHNICITY

To calculate the rates used in this report, it was necessary to standardize race and ethnicity for both the vital events (in the birth, death, and fetal death data) and the population denominators. In these data sources, information on race and ethnicity is collected and categorized in a number of different ways, requiring a standard method of classifying race and ethnicity.

To create frequency counts of race and ethnicity that were adequate to compute statistically reliable rates, race was "bridged," or essentially collapsed into 5 categories; White non-Hispanic, Hispanic or Latino, Black or African American, Native American or Alaska Native, and Asian or Pacific Islander. When an individual was identified as both Hispanic and any other race, that person was included in the racial/ethnic group with the lowest population. For example, a person identified as both White and Hispanic would be coded as Hispanic, whereas a person identified as American Indian and Hispanic would be coded as American Indian. Please refer to the technical appendix for further explanation of the racial bridging used in this report.

THE IMPLEMENTATION OF THE INTERNATIONAL CLASSIFICATION OF DISEASE, TENTH REVISION

On October 1, 2015, the International Classification of Diseases, Tenth Revision,

Clinical Modification/Procedure Coding Systems (ICD-10-CM/PCS) was implemented in replacement of the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) for reporting medical diagnoses and inpatient procedures in healthcare settings. ICD-10-CM represents an expansion of ICD-9-CM both in content and structure of the codes used to describe the severity and complexity of various diseases and injuries. Disease classification has been revised and some conditions have been reclassified into new chapters. For example, ICD-9-CM category *diseases of the nervous system and sense organs* has been restructured into three ICD-10-CM chapters: *diseases of the nervous system*, *diseases of the eye and adnexa*, and *diseases of the ear and mastoid*. Several codes have been added in ICD-10-CM to provide a comprehensive description of the etiology, anatomic site, and severity of a health condition/injury, and some terminology has changed to reflect latest technology, current medical terms, and diseases discovered since the implementation of ICD-9-CM. In some cases, some codes have been combined to report the disease and common manifestations in a single code. For example, ICD-9-CM codes 415.11 (*Iatrogenic pulmonary embolism and infraction*) and 415.12 (*Septic pulmonary embolism*) have been merged into I26.90 (*Septic pulmonary embolism without acute cor pulmonale*) in ICD-10-CM.

Furthermore, ICD-10 codes have more character length, up to seven characters compared to three to five characters in ICD-9-CM. The seventh character code can be used to classify an initial encounter, subsequent encounter, or late effect (sequelae) and is predominantly used in the *injury* codes but can also be found in *musculoskeletal* and *obstetrics* sections. Another feature that distinguishes ICD-10-CM from ICD-9-CM is laterality, a dimension identifying right, left or bilateral anatomy sites. This is critical in a sense it adds specificity to the information captured in the coding. For example, if a patient is seen for treatment of an injury on the left knee, the ICD-9 diagnosis code does not specify that the injury is on the left knee. If the patient is seen weeks later for another injury on the right knee, the same ICD-9 diagnosis code would be used to report that injury, which may complicate medical claim processing.

Similar to the diagnostic codes (ICD-10-CM), the procedure codes (ICD-10-PCS) have been expanded in greater detail to incorporate the complexity of inpatient procedures. All these changes in ICD coding system lead to a substantial increase in number of diagnostic codes in ICD-10-CM, with more than 69,000 codes compared with 14,025 in ICD-9-CM and about 71,000 procedure codes in ICD-10-PCS

versus 3,824 in ICD-9-CM.

In the current report, the diagnostic and procedures codes for inpatient and Emergency Room (ER) visits data are based on ICD-10-CM/PCS implemented on October 1, 2015. The transition to ICD-10-CM/PCS has some impact on comparability of hospital discharge data and continuity of statistical trends. Any comparison of hospital discharge events compiled in the current report and prior years' discharge events should take into account the differences between the classification systems.

KEY FINDINGS

STABILITY IN NUMBER OF RESIDENT BIRTHS

In 2020, there were 76,781 resident births, a decrease of 3 percent from the previous year's 79,183 births. Compared to 2019, the number of births decreased for American Indian or Alaska Natives (8.4 percent), Asians or Pacific Islanders (6.2 percent), White non-Hispanics (3.0 percent), Hispanics (2.2 percent), and Black or African Americans (2.0 percent).

SELECTED CHARACTERISTICS OF NEWBORNS AND MOTHERS IN 2020

Among women who gave birth in Arizona in 2020:

- 36,620 births (47.7 percent) were paid for by the Arizona Health Care Cost Containment System (AHCCCS).
- 34,527 (45.0 percent) of births were to unmarried mothers, which may signify absence of emotional, social, and financial resources.
- 23,556 (30.7 percent) of births were to women who experienced complications during labor and/or delivery.
- 20,940 (27.3 percent) of births occurred to women who received late or no prenatal care.
- 21,243 (27.7 percent) of births were to women who had a serious medical condition such as hypertension, diabetes, or sexually transmissible diseases.
- 3,934 (5.1 percent) of births were to teenagers 19 years old or younger.
- 2,791 (3.6 percent) of births were to women who smoked during pregnancy.

TEEN PREGNANCIES

In 2020, both the number of teen pregnancies among females 19 years or younger (5,180) and the teen pregnancy rate (11.2) were the lowest they have been since at least 1990 (the earliest information that could be found). From 2010 to 2020 the number of teen pregnancies decreased by 52.8 percent and the pregnancy rate decreased by 54.7 percent. The number of teenage pregnancies declined to 47.2 percent

from their 2010 levels.

Teenage females received more abortions in 2020 (1,218) than in 2019 (1,169), but fewer than the highest amount recorded since 2010 which was in 2011 (1,785).

TOTAL MORTALITY

During 2020, 75,700 Arizona residents died, 15,539 more than in 2019. The 2020 age-adjusted mortality rate increased from 676.6 per 100,000 residents in 2019 to 842.2 per 100,000 residents in 2020. The median age at death in 2020 was 76.0 years.

INFANT MORTALITY

In 2020, 404 infants died before reaching their first birthday, 297 fewer than the latest peak of 701 infant deaths in 2007. The 2020 infant mortality rate (IMR) of 5.3 represents a decline from the rate of 5.4 infant deaths per 1,000 live births recorded in 2019.

Newborn weight at birth is one of the most important predictors of an infant's survival chances. In 2020, the mortality rate among babies weighing less than 500 grams at birth was 88.9 per 100 newborns. Together, infants with low birth weight (weighing less than 2,500 grams) accounted for 7.4 percent of births and 66.1 percent of all infant deaths.

CAUSE-SPECIFIC MORTALITY

In 2020, there were 526 deaths due to **homicides**, an increase of 28.6 percent from 2019. **Drug-induced** fatalities increased by 33.1 from 2,004 deaths in 2019 to 2,668 in 2020. Deaths caused by opioids have claimed the lives of 1,884 Arizonans in 2020, an increase from 1,286 deaths in 2019. In 2020, 243 Arizonans died from **obesity** as the underlying (primary) cause of death, a 32.8 percent increase from 2019. The number of completed **suicides** decreased from 1,411 in 2019 to 1,359 in 2020. Males accounted for 78.4 percent of suicides. The age-adjusted suicide rate decreased from 18.9 suicides per 100,000 in 2019 to 18.2 per 100,000 in 2020.

The number of deaths due to **diabetes** increased from 2,170 deaths in 2019 to 2,563 in 2020. In 2020, in addition to the 2,563 deaths that had diabetes assigned as the underlying cause, another 5,502 deaths had diabetes assigned as a contributing factor. COVID-19 data collection began in mid-March 2020, but was the third leading underlying cause of death with 8,430 deaths among Arizona residents. Men accounted for 59.1 percent of COVID-19 deaths. Elderly Arizonans (65+) years of age accounted for 74.3 percent of COVID-19 deaths.

HOSPITAL CARE

In 2020, there were 630,882 inpatient discharges, excluding newborn infants, from non-Federal short stay hospitals in Arizona. Among those admitted as inpatients, 1,402 hospitalizations were primarily (i.e. listed as the first diagnosis) due to **enterocolitis**, a bacterial inflammation of the intestines. **Enterocolitis due to Clostridium difficile** is a disease of growing public health concern because it is often acquired in hospitals and other health care institutions with long-term patients as residents. **Manic-depressive disorders** resulted in 38,765 hospitalizations while 23,495 inpatient discharges were recorded for **depression**. In 2020, 24,961 hospitalizations listed COVID-19 as the first-listed diagnosis with 83.9 percent of discharges recording an age of 45 years and older.

EMERGENCY ROOM CARE

During 2020, about 1.9 million visits were made by Arizona residents to hospital emergency rooms (ER), representing approximately 26.6 visits per 100 persons. In 2020, **abdominal pain, chest pain, acute upper respiratory infection, mental disorders, superficial injuries, COVID-19, and spinal disorders**, were the leading diagnostic categories, accounting for approximately one-fourth (25.7 percent) of all the ER visits.

A total of 1,369 Arizonans, were treated in an emergency room with the diagnosis of **exposure to excessive natural heat**.

A comparison of some of the basic findings for the state for 2010, 2015, and 2020 is presented on the following page.

**COMPARISON
OF SELECTED VITAL STATISTICS FOR ARIZONA RESIDENTS, 2010, 2015, and 2020**

	2010	2015	2020
POPULATION Total, all ages	6,392,017	6,758,251	7,176,401
Females aged 15-44	1,262,557	1,312,687	1,379,947
Elderly 65+	881,831	1,075,307	1,289,810
MARRIAGES	38,076	40,439	36,867
Marriage rate per 1,000 population	6.0	6.0	5.1
DIVORCES	22,479	24,434	18,778
Divorce rate per 1,000 population	3.5	3.6	2.6
PREGNANCIES Total, all ages	98,555	98,027	90,444
Teen* pregnancies	10,980	7,121	5,180
Teen* pregnancy rate per 1,000 females	24.7	15.9	11.2
BIRTHS Total, all ages	87,053	85,024	76,781
Birth rate per 1,000 population	13.6	12.6	10.7
Teen* births	9,416	5,884	3,934
Teen* birth rate per 1,000 females	21.2	13.1	8.5
Births to unmarried mothers	38,871	38,479	34,527
Births to unmarried mothers per 100 births	44.7	45.3	45.0
Low-birthweight (LBW) births	6,155	6,093	5,650
LBW ratio per 100 births	7.1	7.2	7.4
Multiple births	2,509	2,518	2,280
DEATHS Total deaths, all causes & ages	45,871	54,152	75,700
Death rate per 100,000 population	717.6	801.3	1054.8
Infant deaths	519	473	404
Infant mortality rate per 1,000 births	6.0	5.6	5.3
SIDS (Sudden Infant Death Syndrome) deaths	34	15	13
Maternal deaths	12	8	39
Deaths from cardiovascular diseases	12,754	15,075	19,063
Deaths from breast cancer among females	720	809	883
Deaths from lung cancer	2,655	2,885	2,592
Deaths from Alzheimer's disease	2,314	2,942	3,235
Deaths from influenza and pneumonia	729	739	1,109
Deaths from morbid obesity	138	177	243
Deaths from diabetes	1,372	2,050	2,563
Suicides, total	1,070	1,233	1,359
Elderly suicides	188	254	304
Teen** suicides	39	63	69
Homicides, total	404	364	526
Teen** homicides	31	24	48
Deaths from HIV disease	99	109	73
Deaths from motor vehicle-related injuries	711	855	1,035
Firearm-related deaths	907	951	1,263
Drug-induced deaths	1,106	1,328	2,668
Accidental drowning deaths, all ages	86	81	99
Drowning among children 0-4 years old	23	19	19
Deaths from exposure to excessive natural heat	51	43	210
Deaths from exposure to excessive natural cold	17	20	27
ABORTIONS Total, all ages	11,059	12,479	13,186
Abortions to teens*	1,512	1,189	1,218
FETAL LOSSES Total, all ages	443	524	477
Among pregnant teens*	52	48	28

Notes: * 19 years old or younger; ** 15-19 years old.