



1B.

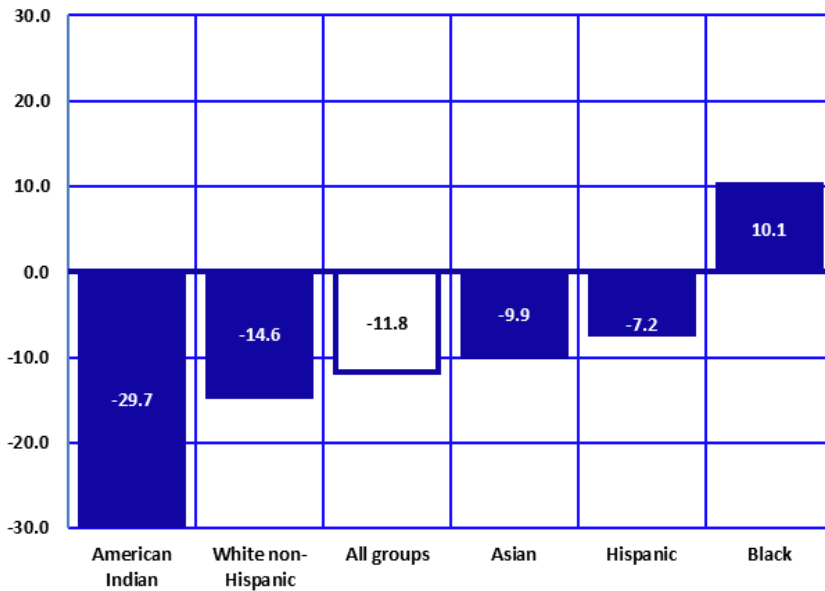
**NATALITY:
MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH**

From 2019 to 2020, the number of residents' births decreased by 3 percent from 79,183 (2019) to 76,781 (2020), representing a reduction of 2,402 births.

There were striking differences in how the number of births changed from 2010 to 2020 by mother's race/ethnicity. Compared to 2010, the number of births for all combined racial/ethnic groups was 11.8 percent lower in 2020. Taken separately, while the number of births rose by 10.1 percent for Black or African American mothers between 2010 and 2020, the remaining racial/ethnic groups witnessed a decline in their birth counts, with American Indian women experiencing most of the decrease (29.7) during the period of time under consideration (**Figure 1B-1**).

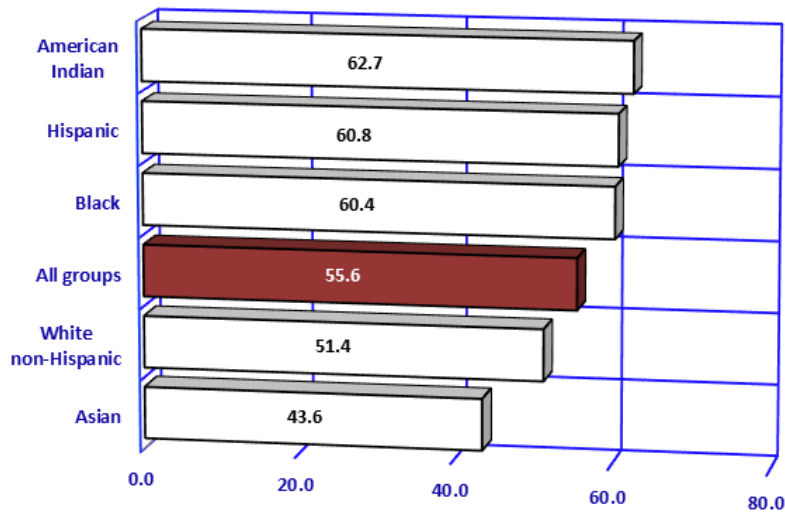
1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-1
Percent Change from 2010 to 2020 in the Number of Resident Live Births by
Mother's Race/Ethnicity, Arizona



From 2010 to 2020, the number of resident live births declined by 11.8 percent (**Figure 1B-1**). All racial/ethnic groups experienced a decrease in the number of live births, with the exception of Blacks. The magnitude of the reduction in the number of births was the largest among American Indians (29.7 percent) and Hispanics or Latinos (7.2 percent).

Figure 1B-2
General Fertility Rates^a by Race/Ethnicity among Females of all Ages,
Arizona, 2020



From among 1,379,947 women of childbearing age (15-44 years), 76,599 (99.8 percent) of 76,781 total births in 2020 were from mothers in this age group. The *general fertility rate* (the number of births per 1,000 women 15-44 years old GFR) was the highest for American Indian females followed by Hispanic and Black females. The GFR for Asian females was the lowest of all racial/ethnic groups.

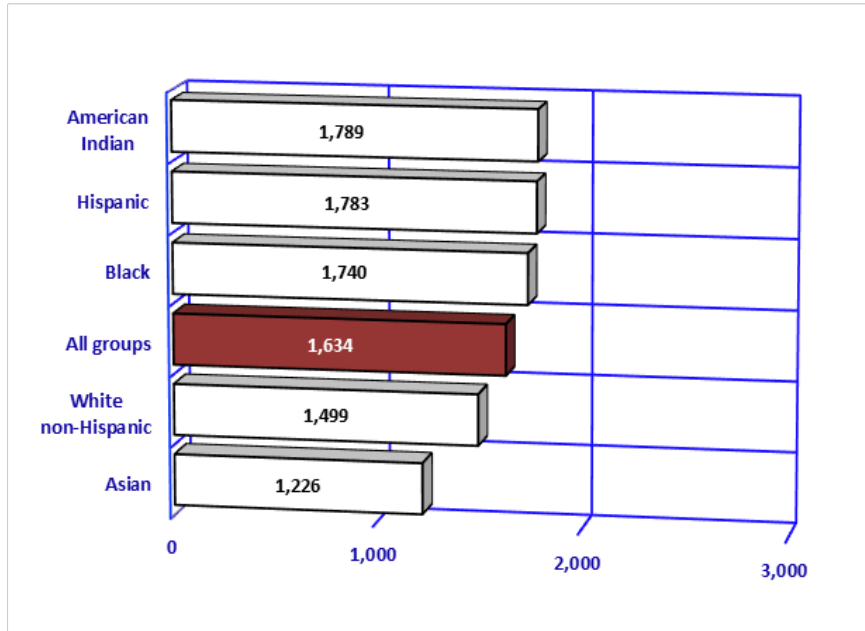
A comparison of fertility rates by county in Arizona is provided in **Table 5A-1**.

Note: ^a Number of births per 1,000 females 15-44 years old in specified group.

1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-3
Total Fertility Rates^a by Race/Ethnicity, Arizona, 2020

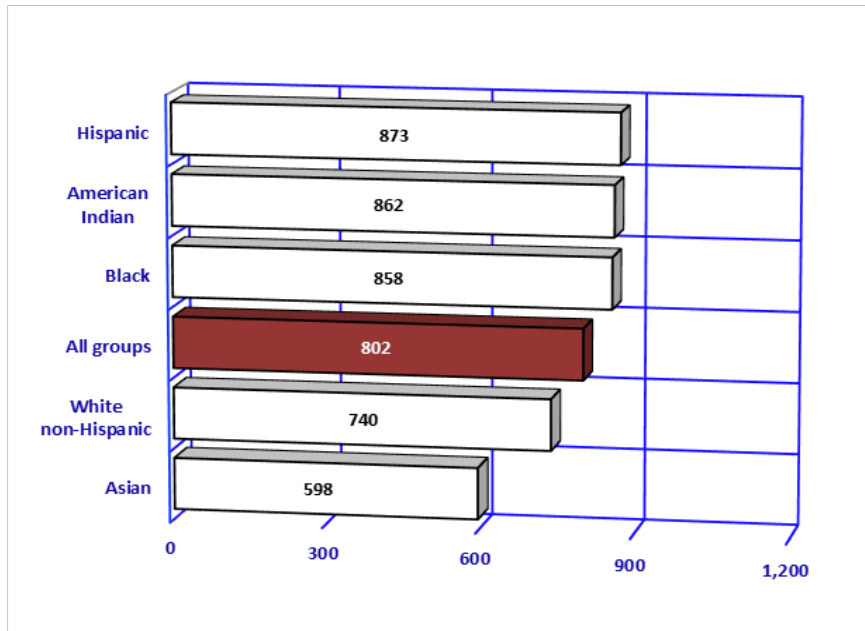
The *total fertility rate* (TFR) indicates the average number of births to a hypothetical cohort of 1,000 women, if they experienced the age-specific birth rates observed in a given year throughout their childbearing years. From 2003 to 2008, Arizona's TFRs always exceeded the rate of "replacement" (2,110 births per 1,000 women). The "replacement" rate is considered the value at which a given generation can exactly replace itself. The TFR was 2,058 births per 1,000 women of childbearing age in 2009 and 2010, decreasing to 1,634 in 2020 (**Table 1B-1**). In 2020, The TFR for American Indian women (1,789) was the highest of all racial/ethnic groups and was still 15.2 percent lower than the generation replacement rate. The rate for Asian women (1,226), the lowest of all groups, was 42.0 percent lower than the replacement rate.



Notes: ^a The sum of age group-specific birth rates multiplied by five (the number of years in the age group). The rate of 1,634 above for example, means that if a hypothetical group of 1,000 women were to have the same birth rates in each age group that were observed in the actual childbearing population in 2020, they would have a total of 1,634 children (or 1.6 children each) by the time they reached the end of the reproductive period (taken here as age 50), assuming that all of the women survived to that age.

Figure 1B-4
Gross Reproduction Rates^a by Race/Ethnicity, Arizona, 2020

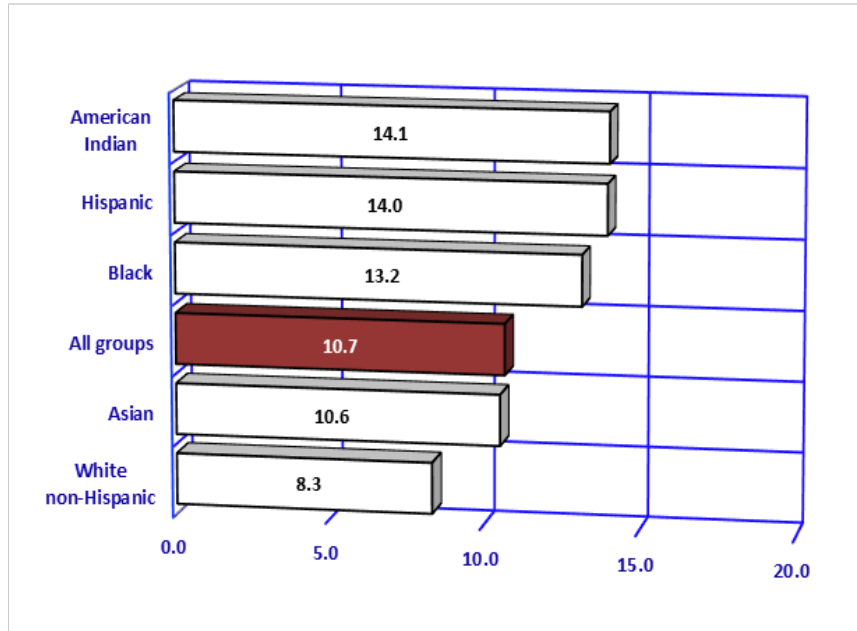
Another measure used to summarize reproduction patterns is the *gross reproduction rate* (GRR). It represents the average number of daughters born to a hypothetical cohort of 1,000 women if they experienced the age-specific birth rates observed in a given year throughout their childbearing years. This measure is similar to the total fertility rate except that it measures only female births, since reproduction is largely dependent on the number of females in a given population. In 2020, the gross reproduction rates in Arizona ranged from 598 for Asian women to 873 for Hispanic women (**Figure 1B-4**, **Table 1B-1**).



Notes: ^a The sum of birth rates by 5-year age groups multiplied by the proportion of births which were female. The gross reproduction rate represents the average number of daughters born to a hypothetical cohort of 1,000 women if they experienced the age-specific birth rates observed in a given year throughout their childbearing years, and if none of the cohort was to die during their childbearing years.

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Figure 1B-5
Birth Rates^a by Race/Ethnicity, Arizona, 2020



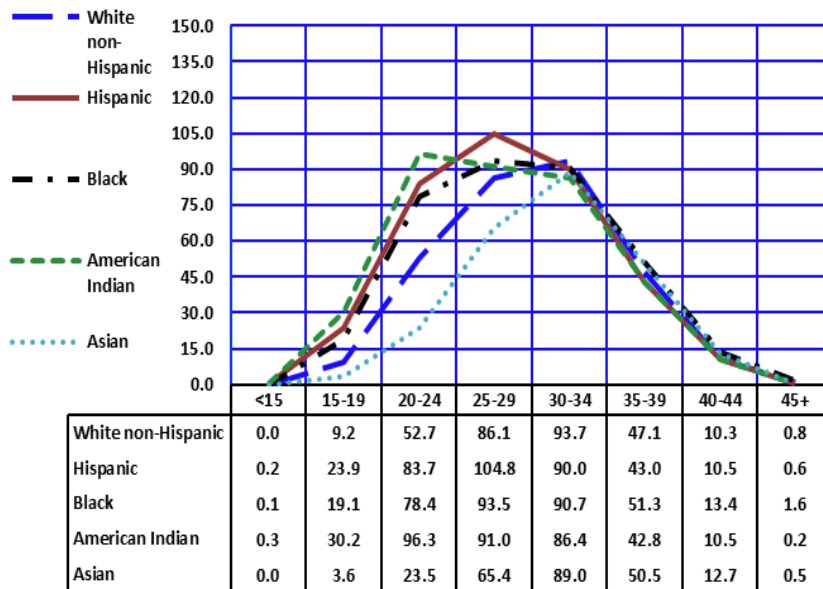
The crude birth rate, often simply called the birth rate, relates the number of births to the total population in a specified group. The birth rate is expressed as the total number of births per 1,000 persons, without regard to the age or sex distribution of the population.

The birth rate for Arizona decreased from 11.4 in 2018 to 11.0 in 2019 and 10.7 in 2020.

In 2020, the crude birth rates by mother's race/ethnicity ranged from 8.3 births per 1,000 White non-Hispanics to 14.1 per 1,000 American Indians (**Figure 1B-5**).

Note: ^a Number of births per 1,000 population in specified group.

Figure 1B-6
Birth Rates^a by Mother's Age Group and Race/Ethnicity, Arizona, 2020



The age-specific birth rates (the number of births to mothers in a particular age group per 1,000 women in that age group) differed substantially by race/ethnicity (**Figure 1B-6**).

In 2020, American Indian and Hispanic women had the highest birth rates for women under the age of 25 years. The birth rates for women between the ages of 30-34 were highest among White non-Hispanic women and those between ages 35-39 were the highest among Black women. In general, Hispanic, Black, and American Indian women tend to give birth at younger ages (less than 25 years of age) than Asian and non-Hispanic White women.

Note: ^a Number of births per 1,000 females in specified group.

1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-7
Percent of Births to Unmarried Mothers by Age Group, Arizona, 2020

Unmarried mothers have accounted for a large portion of births with more than 4 of every 10 births in Arizona. In 2020, 34,527 infants were born to unmarried mothers compared to 38,871 in 2010. It is important to note that beginning 2015, divorced mothers have been included in the proportion of unmarried mothers; therefore, caution should be exercised in comparing data for this year to those of the previous years.

A decade ago, the proportion of births among unmarried women aged 20-24 years was 62.9 percent, while in 2020, approximately 68.7 percent of mothers 20-24 years old were unmarried (**Figure 1B-7**).

Births and birth ratios by mother's marital status, age group, and race/ethnicity are given in (**Table 1B-22**). County-level information is provided in (Table **5B-14** and **5B-15**).

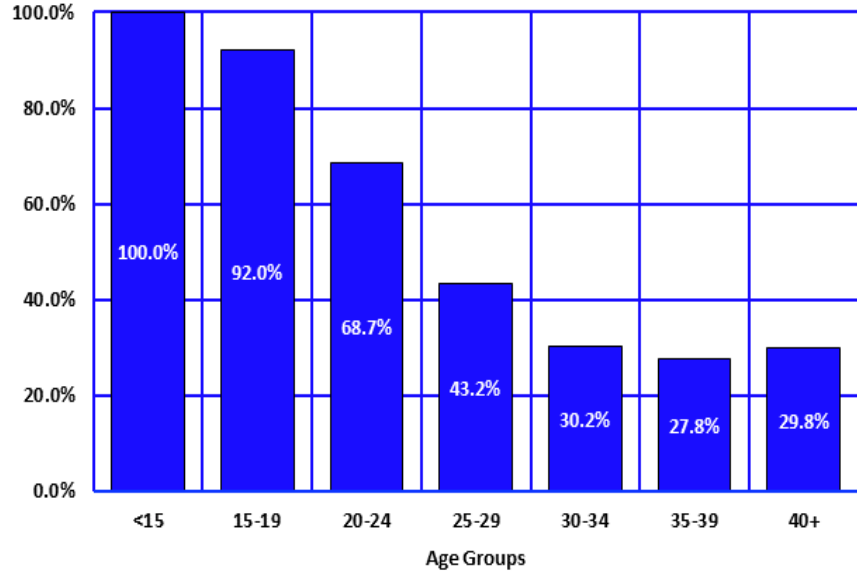
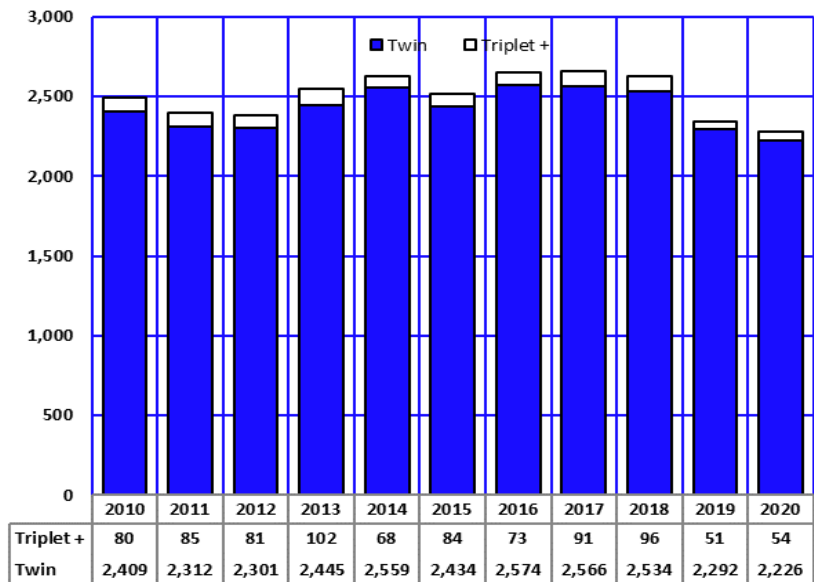


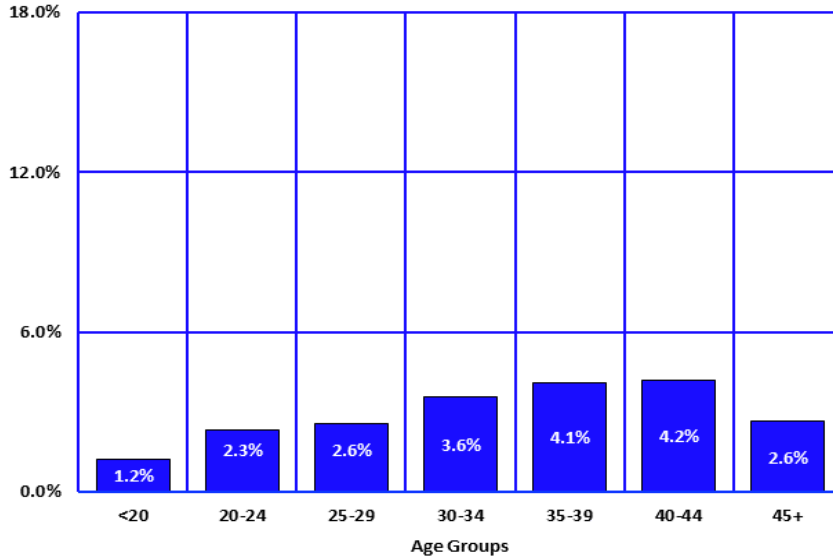
Figure 1B-8
Number of Births in Twin and Triplet+ Deliveries by Year, Arizona, 2010-2020

The number of multiple birth events in Arizona declined from 2,489 in 2010 to 2,280 in 2020 (**Figure 1B-8**). The number of babies born in twin deliveries decreased from 2,409 in 2010 to 2,226 in 2020 (**Figure 1B-8**). The number of triplets and higher order multiple birth events decreased by 32.5 percent from 80 in 2010 to 54 in 2020.



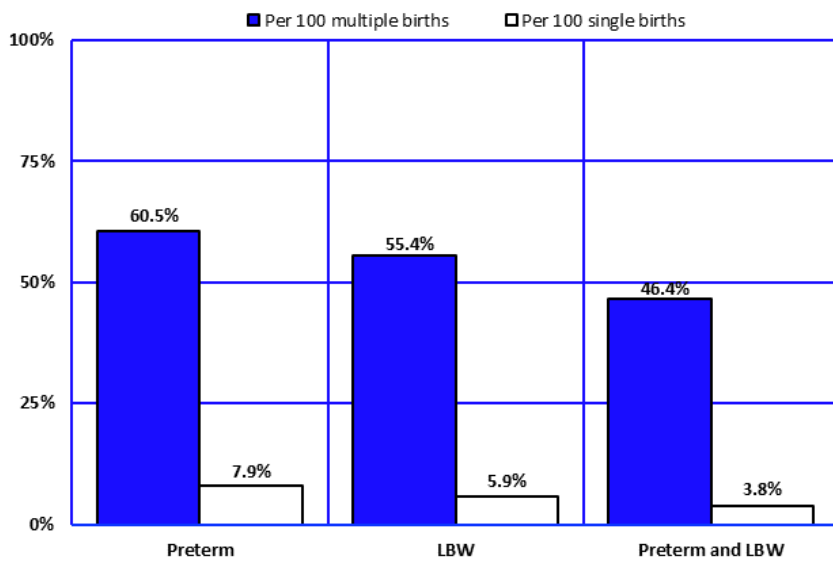
1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-9
Multiple Births by Mother's Age Group, Arizona, 2020



In 2020, the proportion of multiple births gradually increased with maternal age among mothers below 45 years of age and sharply decreased among mothers age 45 years and older. Among women aged 45 years and older, 2.6 percent of all births were twins, triplets, or quadruplets (**Figure 1B-9**). The percent of all births that were multiple births to women age 45 and over decreased from 10.2 percent in 2019 to 2.6 percent in 2020. Ongoing monitoring of multiple births among older mothers will help better understand the recent variation that has been found in this measure.

Figure 1B-10
Infants Born too Early (Preterm)^a and Infants Born too Small (LBW)^b among Multiple and Single Births, Arizona, 2020



Infants born in multiple deliveries tend to be born at shorter gestation age and with low birth weight than those born in singleton deliveries (**Figure 1B-10**). In 2020, infants born in multiple deliveries were 7.7 times more likely (60.5 vs. 7.9 percent) to be born earlier than expected (at less than 37 completed weeks of gestation) and smaller (at less than 2,500 grams) than singleton births.

Preterm birth is a leading cause of infant morbidity and mortality, accounting for about 60% percent of all infant deaths (only those with matching death records); (**Figure 2C-4** in section 2C). The weight of the newborn also is an important predictor of future morbidity and mortality. In 2020, infants born at very low birth weight (<1,500 grams) accounted for 48.7 percent of all infant deaths (**Figure 2C-3**).

Notes: ^a Preterm is < 37 weeks of gestation; ^b Low birthweight is less than 2,500 grams or 5 pounds 8 ounces.

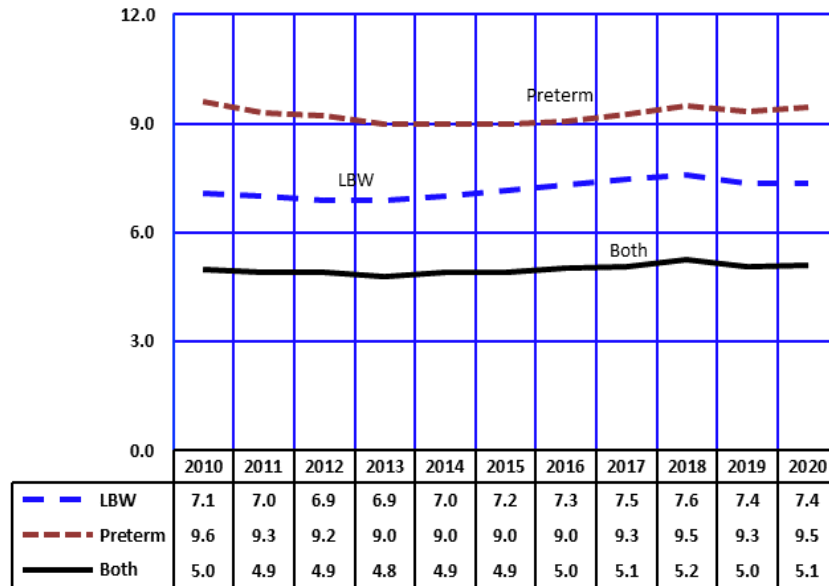
1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-11
Preterm^a and Low Birthweight (LBW)^b Births by Year, Arizona, 2010-2020

The proportion of preterm births reached 9.5 percent of all births in 2020, a slight increase from 9.3 percent in 2019.

The proportion of infants born prematurely and who were also low birth weight (LBW; at less than 2,500 grams) slightly increased from 5.0/100 births in 2019 to 5.1/100 births in 2020 (**Figure 1B-11**).

Detailed characteristics of births by birthweight and gestational age are provided in (**Table 1B-32**). Comparative data by county of residence are available in (**Table 5B-16** – **Table 5B-24**).

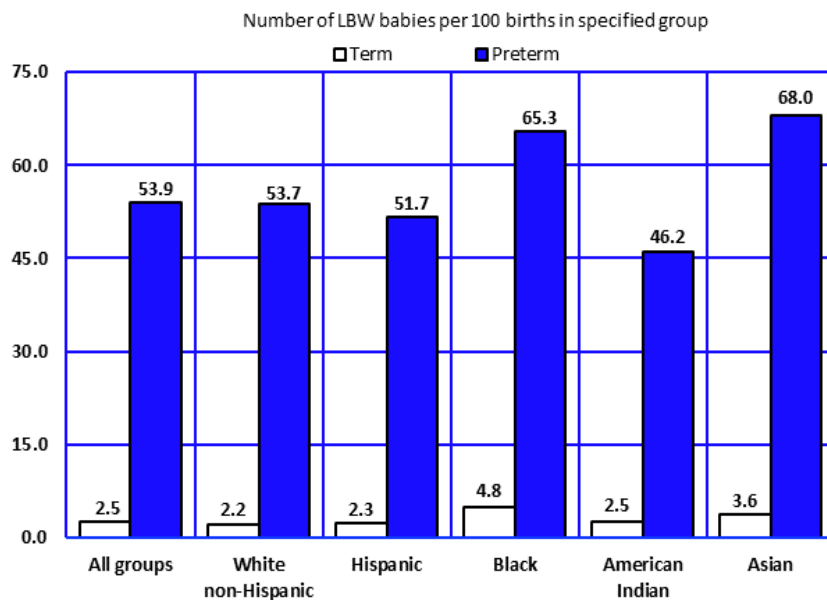


Notes: ^a Preterm: < 37 weeks of gestation; ^b Low birthweight (less than 2,500 grams or 5 pounds 8 ounces); In this report, the primary measure used to determine the gestational age is the clinical estimate of gestation as reported on the birth certificate.

Figure 1B-12
Low-Birthweight (LBW) Births by Length of Gestation and Mother's Race/Ethnicity, Arizona, 2020

In 2020, 7.4 percent of all babies were born at low birthweight (LBW), (weight less than 2,500 grams or 5 pounds 8 ounces), representing a slight increase from the rate recorded in 2010 (7.1 percent). Preterm delivery is the strongest risk factor for LBW. Infants born at less than 37 completed weeks of gestation were 21.6 times (53.9 vs. 2.5 percent) more likely to be LBW than infants born at term (**Figure 1B-12**). Approximately, seven out of ten (69.3 percent) LBW babies born in 2020 were preterm (**Table 1B-3**).

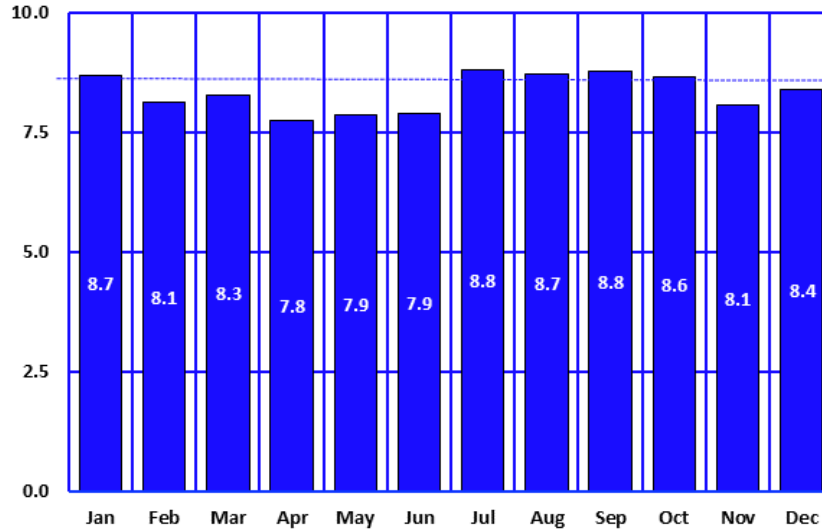
County-level data for LBW newborns are available in (**Tables 5B-16** – **5B-23**). Community level information is in (**Table 9A**).



Notes: Number of LBW babies per 100 births in specified group; Preterm: < 37 weeks of gestation; Low birthweight (less than 2,500 grams or 5 pounds 8 ounces).

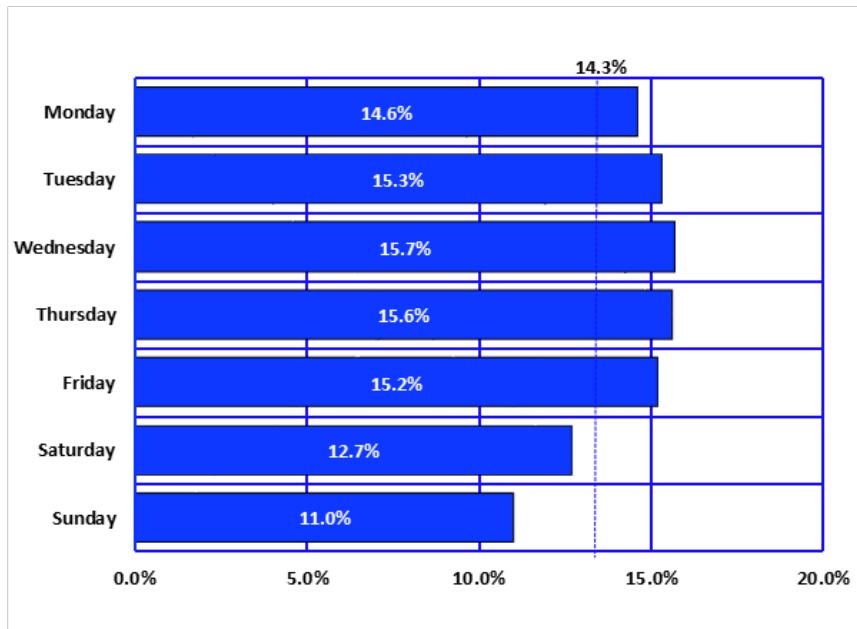
1B. NATALITY: MATERNAL CHARACTERISTICS AND NEWBORN'S HEALTH

Figure 1B-13
Percent of Resident Births by Month, Arizona, 2020



In 2020, monthly births in Arizona averaged around 8.3 percent. (Figure 1B-13). In 2020, the seasonal fluctuation of the frequency of births is marked by 3 month raised peak in July (8.8 percent), August (8.7 percent), and September (8.8 percent) compared to other months throughout the year.

Figure 1B-14
Percent of Resident Births by Day of the Week, Arizona, 2020



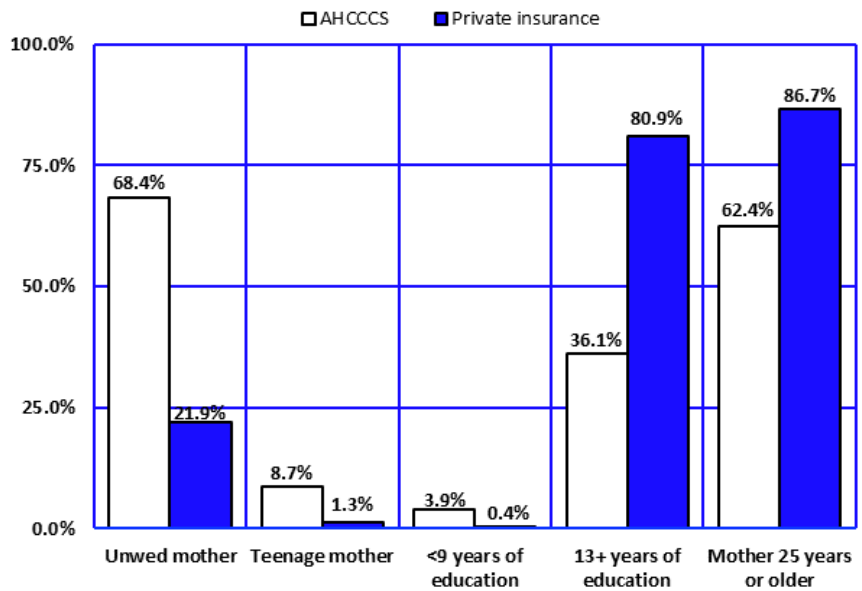
On average, 210 infants were born per day in 2020 to Arizona residents. The daily percent of resident live births in 2020 was substantially lower on weekends than on weekdays (Figure 1B-14). Many studies suggest that weekly, daily, and hourly variations observed in hospitals and clinics are not due to a biological rhythm of labor, but to increased frequency of obstetric interventions in the timing of delivery (induced labors and elective cesarean deliveries), making it more aligned with the work week schedule.

In 2020, only 8.8 percent of cesarean deliveries occurred on Sundays, compared to 16.6 percent on Mondays. The average rate of induction of labor was substantially lower on weekend days (12 percent) than it was on week days (15.2 percent).

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The number of years of maternal education was the only possible proxy of socioeconomic status (SES) on the birth certificate prior to 1989. Paying party for the delivery became another SES indicator in 1989. The Arizona Health Care Cost Containment System (AHCCCS, the State's Medicaid Program) versus private health insurance (PHI) compares mothers of lower and higher SES respectively. PHI mothers were 2.2 times more likely to have some college education or higher (13+ years of education) than were AHCCCS mothers (80.9 and 36.1 percent respectively, **Figure 1B-15**). Mothers recipient AHCCCS were more likely to be unmarried (68.4%) than their counterparts with PHI. Nine out of ten mothers with PHI were at least 25 years old compared to 6 out of 10 AHCCCS mothers.

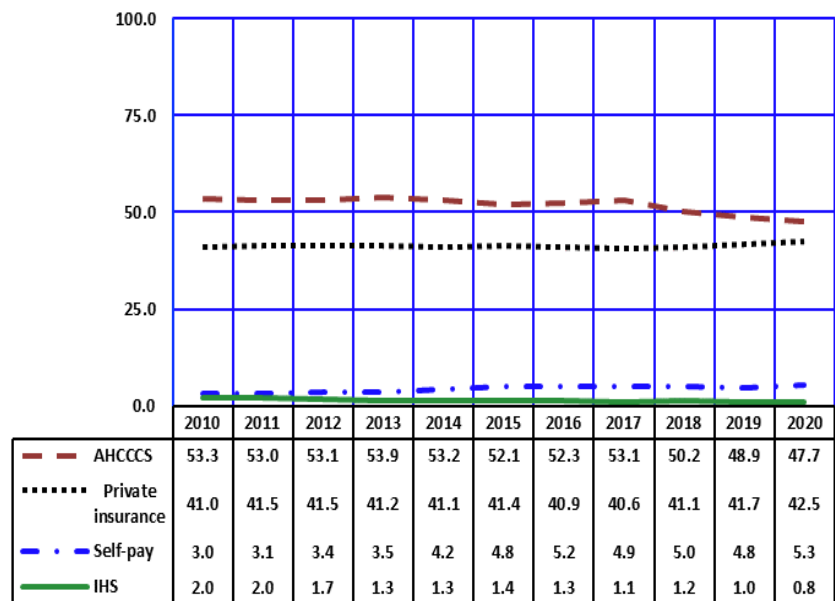
Figure 1B-15
Comparison of Selected Sociodemographic Characteristics by the Payer for Delivery, Arizona, 2020



Note: The Arizona Health Care Cost Containment System (AHCCCS) is the State's Medicaid program.

Figure 1B-16
Births by Payer and Year, Arizona, 2010-2020

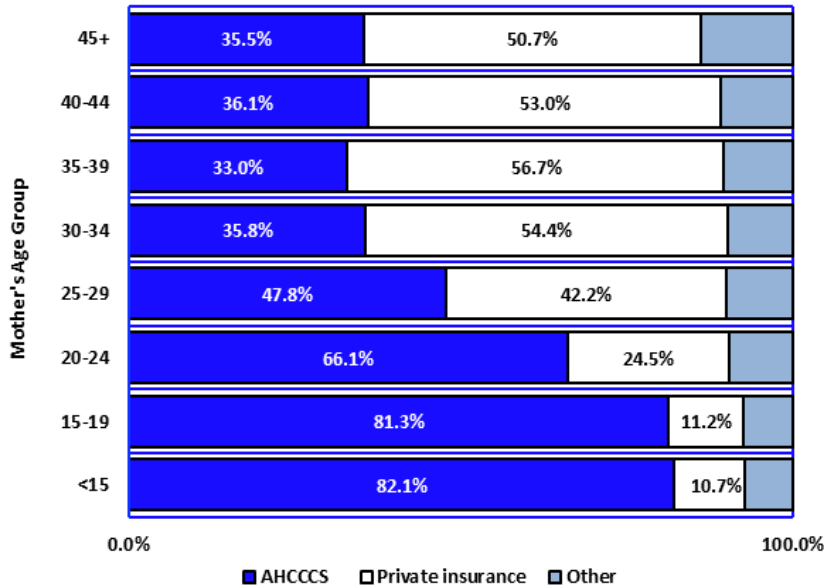
Since 2002, the share of resident births paid for by AHCCCS has exceeded the share paid by private health insurance (**Figure 1B-16**). In 2010, private insurance funded 41.0 percent of births and AHCCCS paid for 53.3 percent of births. The share of AHCCCS funded births varied little from 2010 to 2020. The share of private health insurance also remained stable during this time period. In 2020, the proportion of births paid by AHCCCS decreased 10.5 percent, while the percent of births paid by a private insurance increased 3.7 percent. In 2020, 5.3 percent of births were paid by mothers themselves and/or their families (i.e. self-pay). The Indian Health Service (IHS) paid for 0.8 percent of the births in 2020, a slight decrease from last year (**Table 1B-25 and Table 1B-27**).



Notes: The Arizona Health Care Cost Containment System (AHCCCS) is the State's Medicaid program; IHS is the Indian Health Service.

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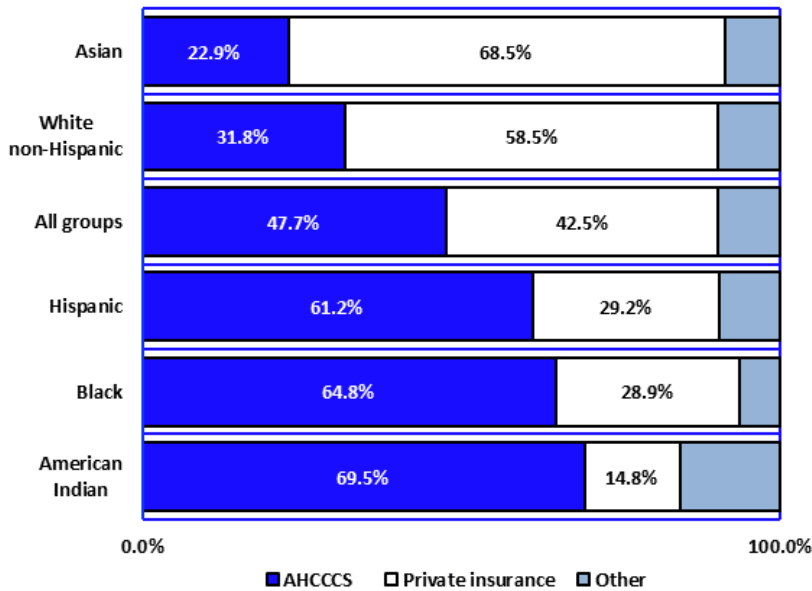
Figure 1B-17
Payer for Delivery by Mother's Age Group, Arizona, 2020



In 2020, the Arizona Health Care Cost Containment System (AHCCCS) paid for the majority of the deliveries to mothers 29 years or younger (**Figure 1B-17**). In contrast, private insurance was the largest payer for the deliveries of women aged 30 years old or older in 2020 (based on data in **Table 1B-28**).

Note: The Arizona Health Care Cost Containment System (AHCCCS) is the State's Medicaid program.

Figure 1B-18
Payer for Delivery by Mother's Race/Ethnicity, Arizona, 2020



In 2020, private insurance was the largest payer for deliveries of Asian (68.5 percent) and White non-Hispanic infants (58.5 percent). In contrast, the Arizona Health Care Cost Containment System was the largest payer for deliveries of American Indian (69.5 percent), Black or African American (64.8 percent), and Hispanic or Latino infants (61.2 percent).

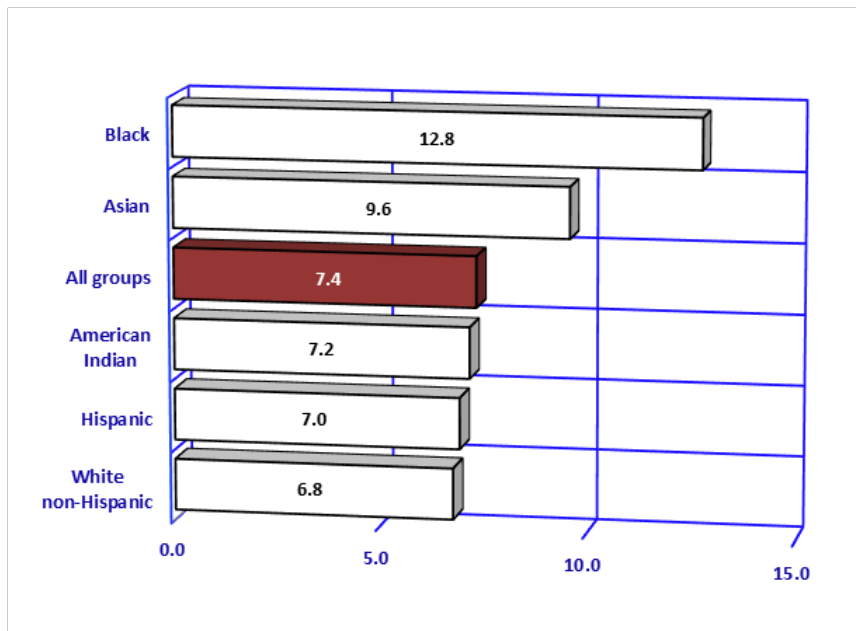
The Indian Health Service as a payer accounted for 12.7 percent of deliveries of American Indian or Alaska Native infants in the State (**Figure 1B-18**, based on data in **Table 1B-27**).

Hispanics or Latinos accounted for 53.2 percent of the 36,620 deliveries paid for by AHCCCS. About 28.8 percent of all AHCCCS births were to White non-Hispanic women (based on data in **Table 1B-27**).

Notes: The Arizona Health Care Cost Containment System (AHCCCS) is the State's Medicaid program; Other includes Indian Health Service, self-pay, or unknown.

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Figure 1B-19
Percent of Low Birthweight^a by Mother's Race/Ethnicity,
Arizona Residents, 2020

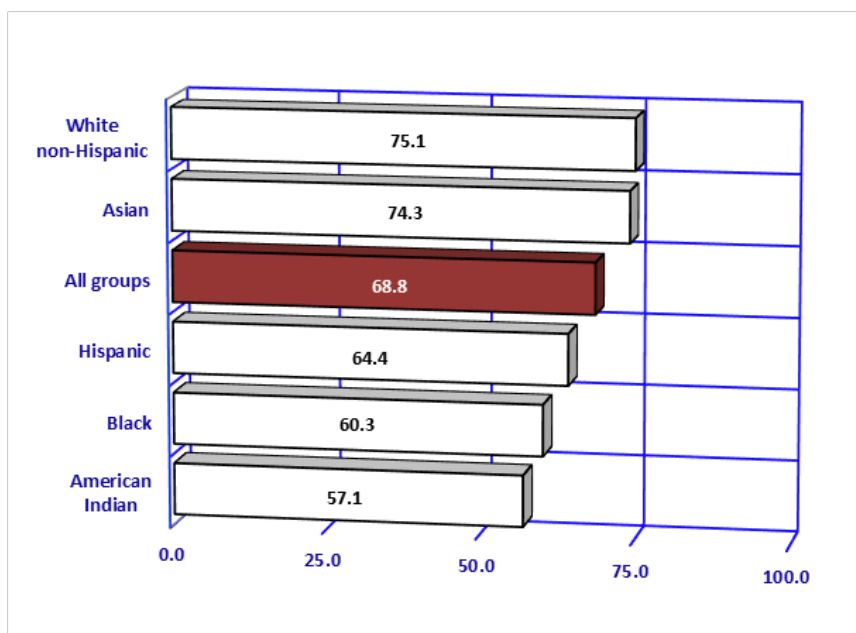


Note: ^a Low birthweight is less than 2,500 grams (less than 5 pounds 8 ounces).

In 2020, 7.4 percent of all Arizona infants were born at a low birthweight (LBW), or at less than 2,500 grams (5 pounds 8 ounces).

In Arizona, LBW rates differed by mother's racial/ethnic group. LBW rates were highest for newborns of Black or African American mothers (12.8 percent), Asian or Pacific Islander mothers (9.6 percent), and American Indian mothers (7.2 percent). Newborns of Hispanic or Latino and White non-Hispanic had the lowest LBW rates among all racial/ethnic groups (Figure 1B-19, based on data in **Table 1B-25**).

Figure 1B-20
First Trimester Prenatal Care by Mother's Race/Ethnicity,
Arizona Residents, 2020

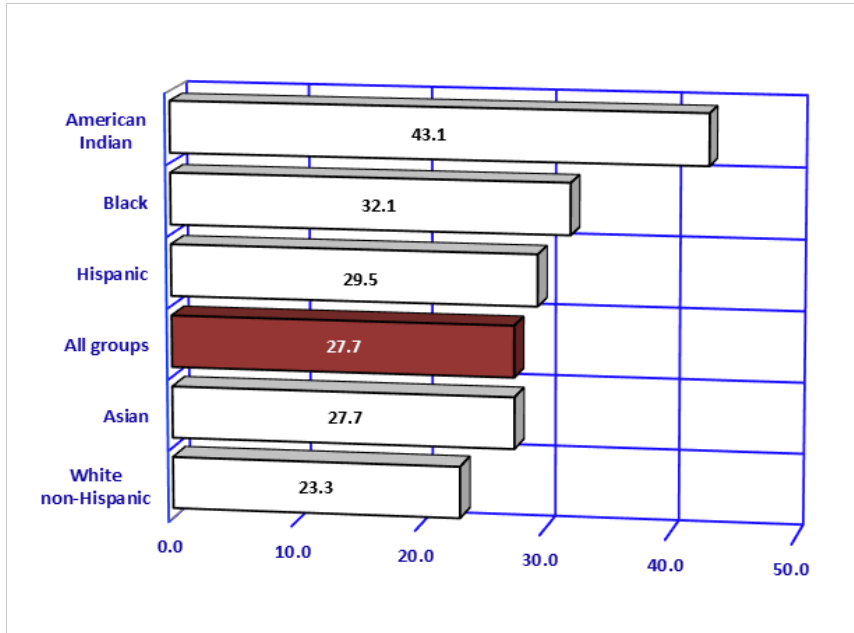


The percent of Arizona mothers giving birth who received early prenatal care (i.e., in the first trimester) has decreased from 2010 (81.9 percent) to 2020 (68.8 percent; **Table 1B-2**). It should be noted that with the adoption of the 2003 revised U.S. birth certificate in 2014, trend analysis of the timing of prenatal care is compromised by significant changes in reporting of prenatal care initiation. Hence, the low proportion of women with timely entry to prenatal care from 2014-2020 may be attributable for the most part to differences in reporting. Starting in 2014, prenatal care beginning in the first trimester has largely been unchanged varying only from a low of 66.0 percent in 2014 to a high of 68.9 percent in 2016.

In Arizona, American Indian, Black or African American, and Hispanic or Latino mothers were least likely to begin prenatal care in the first trimester (**Figure 1B-20**). White non-Hispanic and Asian or Pacific Islander mothers were more likely to report timely entry to prenatal care than any other racial/ethnic groups (**Table 1B-25**).

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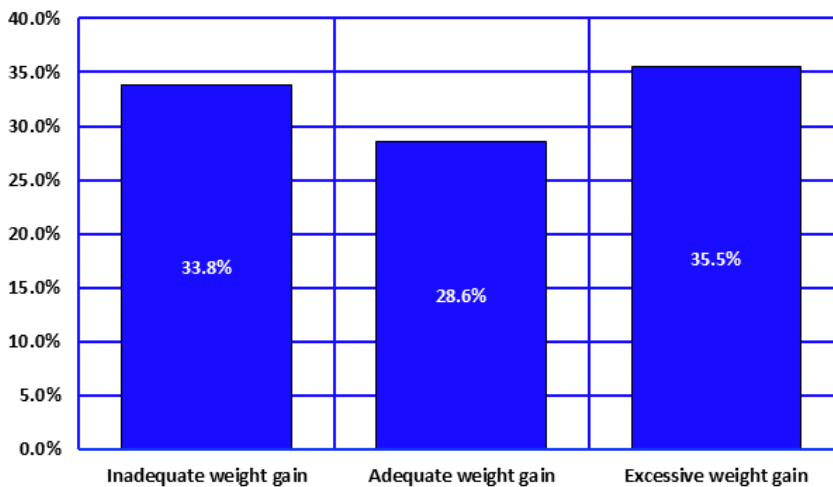
Figure 1B-21
Maternal Medical Risk Factors^a by Mother's Race/Ethnicity, Arizona, 2020



Note: ^a Births with medical risk factors reported per 100 births in specified group.

Maternal medical risk factors (such as, diabetes, hypertension, eclampsia, or sexually transmissible diseases) can contribute to serious pregnancy complications and infant deaths, if not treated properly. In 2020, with exception to White non-Hispanic and Asian mothers, all the mothers from the remaining race/ethnic groups recorded higher proportions of medical risk factors compared to all groups (**Figure 1B-21**).

Figure 1B-22
Low-Birthweight by Maternal Weight Gain during Pregnancy, Arizona, 2020



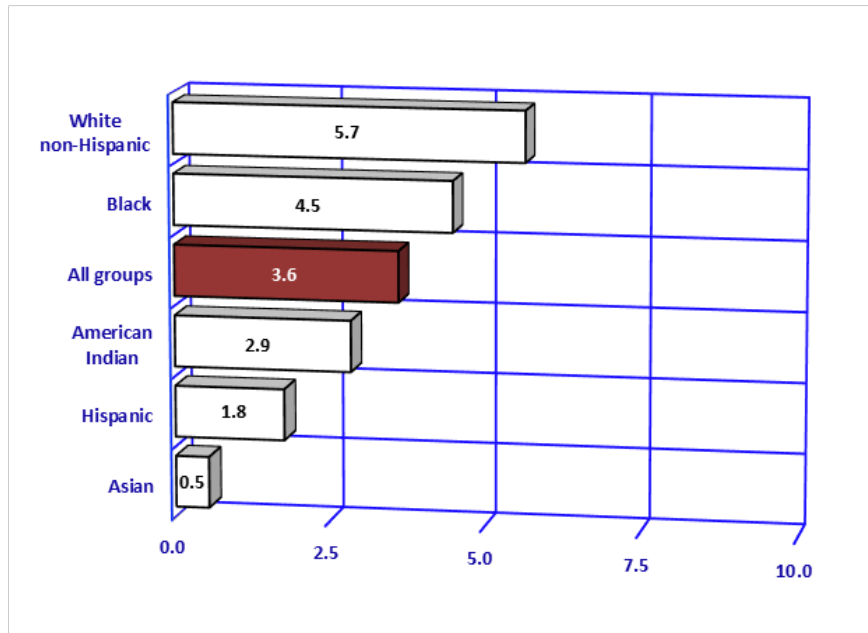
Maternal weight gain during pregnancy is a determinant of both fetal growth and birthweight. Insufficient or excessive weight gain during pregnancy can negatively influence outcomes of both mother and infant. Based on the [Institute of Medicine](#) guidelines, women who are of normal weight (body mass index or BMI 18.5-24.9) should gain 25-35 pounds during pregnancy. Underweight women (BMI <18.5) should aim to gain 28-40 pounds, while overweight women (BMI 25.0-29.9), and obese women (BMI ≥30.0) should gain 15-25 pounds and 11-20 pounds, respectively. Prior to the adoption of the 2003 revised birth certificate in 2014, it was not possible to analyze gestational weight gain in relation to mother's pre-pregnancy BMI. The revised birth certificate includes new fields (mother's height, pre-pregnancy weight, and weight at delivery) providing the opportunity to assess whether pregnancy weight gain is within the recommended range for the mother's BMI.

In 2020, the proportion of newborns with low birthweight was the lowest among mothers who gained the recommended amount of weight during pregnancy (**Figure 1B-22**).

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Figure 1B-23
Self-reported Tobacco Use during Pregnancy^a by Race/Ethnicity, Arizona, 2020

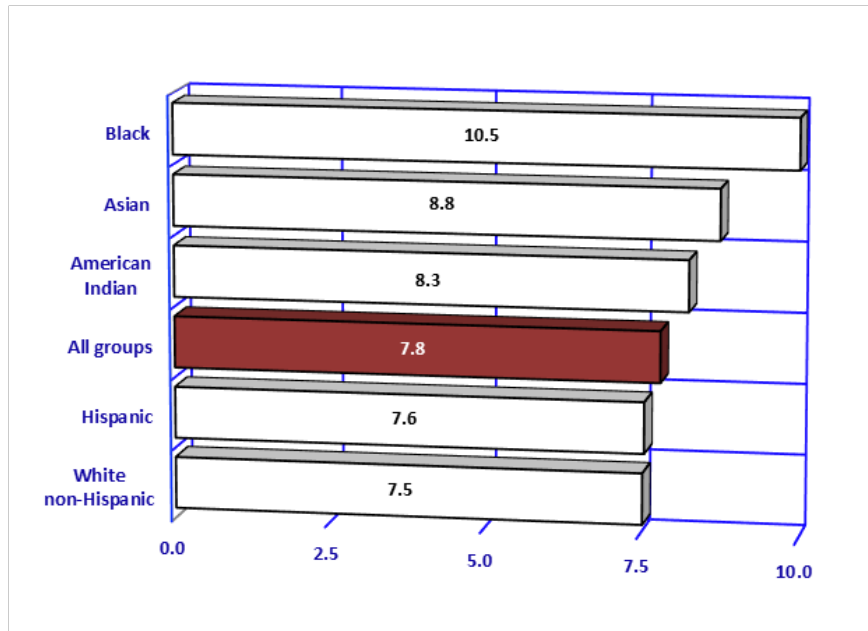
Cigarette smoking during pregnancy has been associated with reduced infant weight at birth, intrauterine growth retardation, and preterm births. Smoking during pregnancy was reported by 3.6 percent of women giving birth in 2020 (**Table 1B-25, Table 5B-30**), compared to 10.5 percent in 1989, when this information was first reported on Arizona birth certificates. It is unclear whether this decline means that women giving birth in Arizona are less likely to use tobacco during pregnancy or, perhaps, less likely to report it if they use. White non-Hispanic and Black mothers continued to be more likely to report smoking than American Indian, Hispanic, and Asian mothers (**Figure 1B-23**).



Note: ^a Mothers giving birth who reported tobacco use per 100 births in specified group.

Figure 1B-24
Rates of Admission to Newborn Intensive Care Units^a by Mother's Race/Ethnicity, Arizona, 2020

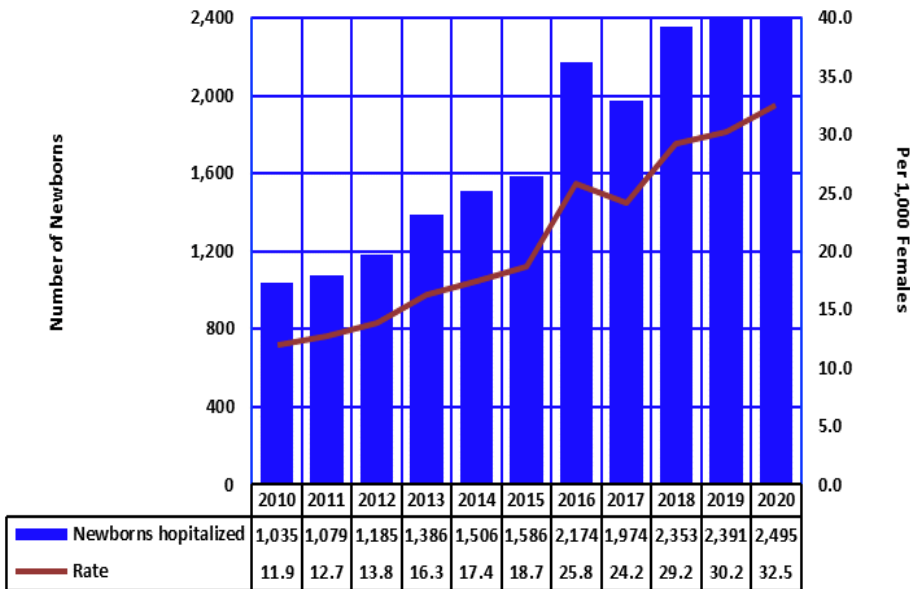
In 2020, 6,006 or 7.8 percent of newborns were admitted to newborn intensive care units (NICUs). The proportion of NICU admissions differed among racial/ethnic groups. Black or African American, Asian or Pacific Islander, and American Indian newborns had the highest rates of NICU admissions compared to the other racial/ethnic groups (**Table 1B-25**). Prematurity, i.e., gestational age before 37 weeks lead to more NICU admissions (54.2 percent) than did LBW (45.0 percent) **Table 1B-32**.



Note: ^a The number of newborns admitted to Intensive Care Units per 100 births in specified group.

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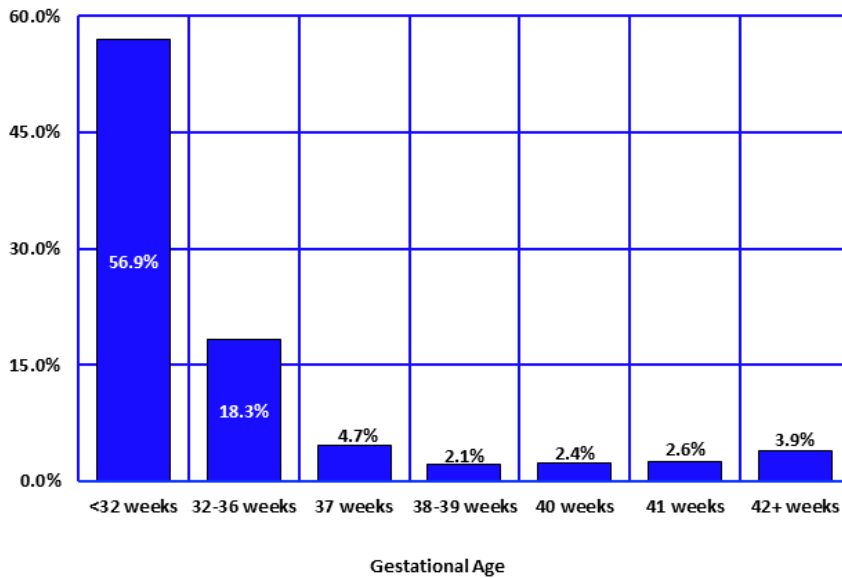
Figure 1B-25
Newborns Who Were Hospitalized after Birth because They Were Affected by Maternal Use of Drugs during Pregnancy, Arizona, 2010-2020



Information about maternal drug use during pregnancy is not reported on Arizona birth certificates. However, it can be obtained from the hospital discharge database. There are several diagnostic codes which identify exposure of fetus or newborn to specific noxious substances (such as narcotics, hallucinogenic agents, or cocaine) transmitted via placenta or breast milk. During the 11-year period under consideration, the newborn hospitalization rate due to maternal use of drugs during pregnancy increased from 11.9/1,000 in 2010 to 32.5/1,000 in 2020.

Note: Rate is the number of newborns admitted to Intensive Care Units per 1000 births in specified group.

Figure 1B-26
Abnormal Conditions of the Newborn by Gestational Age, Arizona, 2020



With the implementation of the revised birth certificate, three of the six specific abnormal conditions listed on the birth certificate have been reported most frequently: *assisted ventilation immediately after delivery, assisted ventilation for more than six hours, and suspected neonatal sepsis (Table 1B-32)*. The rates of abnormal conditions are the highest among the very preterm (less than 32 weeks of gestation) and moderately preterm babies (32-36 weeks of gestation; **Figure 1B-26**).

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Figure 1B-27
The Incidence of Down Syndrome by Mother's Age Group, Arizona, 2020

Congenital anomalies (birth defects) are among the leading causes of infant death in Arizona and nationally. They are also the cause of physical defects and metabolic diseases.

For various anomalies, rates vary widely with maternal age. For example, in 2020 as in prior years, the rate of Down's Syndrome, the most frequently recognized cause of intellectual disability, was substantially higher for births to mothers aged 35 years and older (**Figure 1B-27, Table 1B-33**). The incidence rate of 188.3 cases of Down's Syndrome per 100,000 births to women 35 years or older was 6.3 times greater than the incidence rate of 30.1 for women aged 24 years or younger.

