



## **MATERNAL LIFESTYLE AND HEALTH CHARACTERISTICS**

**4.7**  
**MATERNAL WEIGHT GAIN DURING PREGNANCY (2013 STATUS)**

		TOTAL BIRTHS	Weight gain						
			None	1-15 pounds	16-20 pounds	21-24 pounds	25-30 pounds	31+ pounds	Un-known
<b>ALL AMERICAN INDIAN RESIDENTS OF ARIZONA</b>		5,480†	120†	1,070†	800†	450†	1,130†	1,820†	90†
<b>Resided on reservation</b>	<b>Ak-Chin Indian Community</b>	20†	0	*	*	0	9	6	0
	<b>Cocopah Tribe</b>	20†	*	6	*	*	*	*	*
	<b>Colorado River Indian Tribe</b>	60†	0	35	*	0	*	14	*
	<b>Fort McDowell Yavapai Nation Reservation</b>	20†	0	0	*	*	*	11	*
	<b>Fort Mohave Indian Tribe</b>	10†	*	0	0	*	*	*	0
	<b>Gila River Indian Community</b>	60†	*	11	7	*	17	17	*
	<b>Havasupai Tribe</b>	10†	*	*	0	0	*	*	0
	<b>Hopi Tribe</b>	170†	*	42	26	16	33	45	*
	<b>Hualapai Tribe</b>	30†	*	*	6	*	9	6	0
	<b>Navajo Nation</b>	1,331	20	311	208	137	259	372	24
	<b>Pascua Yaqui Tribe</b>	70†	*	17	*	*	11	23	*
	<b>Salt River Pima-Maricopa Indian Community</b>	100†	*	16	14	6	16	38	6
	<b>San Carlos Apache Tribe</b>	290†	*	36	54	20	72	93	7
	<b>San Xavier</b>	20†	*	*	*	*	6	*	0
	<b>Tohono O'Odham Nation</b>	144	10	41	21	15	20	36	*
	<b>White Mountain Apache Tribe</b>	280†	*	47	38	24	57	108	*
	<b>Yavapai-Apache Nation</b>	20†	0	*	6	0	*	*	0
<b>Yavapai-Prescott Indian Tribe</b>	0†	0	*	0	*	*	*	0	
	<b>TOTAL</b>	2,630†	60†	580†	400†	230†	530†	790†	50†
<b>Resided off reservation</b>	<b>---in Maricopa County</b>	1,557	31	265	218	130	303	587	23
	<b>---in Pima County</b>	307	6	68	44	28	53	102	6
	<b>---in Coconino County</b>	220†	*	21	31	13	57	89	*
	<b>---elsewhere in Arizona</b>	763	18	134	108	47	189	261	6
		<b>TOTAL</b>	2,844	60†	488	401	218	602	1,039

Notes: \* Cell suppressed due to non-zero count less than 6; † Sum rounded to nearest tens unit due to non-zero addend less than 6.

**4.8**  
**MEDICAL RISK FACTORS OF PREGNANCY (2013 STATUS)**

		TOTAL BIRTHS	Births with medical risk factors	Medical risk factors <sup>a</sup>																
				Anemia	Cardiac disease	Lung disease	Diabetes	Genital herpes	Hydramnios	Hemoglobinopathy	Chronic hypertension	Pregnancy associated hypertension	Eclampsia	Previous infant 4000 +g	Previous SGA infant	Renal disease	RH sensitization	Uterine bleeding	Incompetent cervix	Other
<b>ALL AMERICAN INDIAN RESIDENTS OF ARIZONA</b>		5,480†	2,681	386	10†	56	610	40	95	0	76	406	60	10†	34	79	10†	0	18	1,826
<b>Resided on reservation</b>	<b>Ak-Chin Indian Community</b>	20	10†	*	0	0	*	0	*	0	*	*	*	0	0	*	0	0	0	9
	<b>Cocopah Tribe</b>	19	10†	0	0	0	*	0	*	0	0	0	0	0	0	0	0	0	0	6
	<b>Colorado River Indian Tribe</b>	57	20†	0	0	0	*	0	0	0	0	*	*	0	0	0	0	0	0	19
	<b>Fort McDowell Yavapai Nation Reservation</b>	21	10†	*	0	0	*	0	0	0	*	*	0	*	0	*	0	0	0	11
	<b>Fort Mohave Indian Tribe</b>	5	0†	0	0	0	*	0	0	0	0	0	0	0	0	*	0	0	0	*
	<b>Gila River Indian Community</b>	60	20†	0	0	0	10	0	*	0	*	*	*	0	0	0	0	0	0	11
	<b>Havasupai Tribe</b>	9	0†	0	0	0	*	0	0	0	0	*	0	0	0	0	0	0	0	0
	<b>Hopi Tribe</b>	168	70†	*	0	*	24	*	*	0	*	13	*	0	*	*	0	0	0	30
	<b>Hualapai Tribe</b>	27	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	<b>Navajo Nation</b>	1,331	600†	80	*	6	122	9	28	0	19	94	*	*	12	17	*	0	7	387
	<b>Pascua Yaqui Tribe</b>	65	50†	*	0	0	*	0	0	0	*	*	0	0	0	0	0	0	0	52
	<b>Salt River Pima-Maricopa Indian Community</b>	100	80†	16	*	*	17	*	*	0	*	8	*	*	*	*	0	0	0	64
	<b>San Carlos Apache Tribe</b>	286	140†	15	0	*	23	*	*	0	*	28	*	*	*	*	0	0	0	96
	<b>San Xavier</b>	19	10†	0	0	0	*	0	*	0	*	*	0	0	0	0	0	0	0	12
	<b>Tohono O'Odham Nation</b>	144	110†	9	0	*	9	0	6	0	*	11	*	0	*	*	0	0	0	106
	<b>White Mountain Apache Tribe</b>	280	160†	16	0	*	16	0	*	0	*	33	*	0	*	15	0	0	*	115
	<b>Yavapai-Apache Nation</b>	17	0†	0	0	0	*	0	0	0	0	0	0	0	0	0	0	0	0	*
	<b>Yavapai-Prescott Indian Tribe</b>	4	0†	0	0	0	0	0	0	0	0	*	0	0	0	0	0	0	0	*
	<b>TOTAL</b>		2,630†	1,310†	150†	0†	20†	240†	10†	50†	0	40†	200†	30†	0†	20†	40†	0†	10†	920†
<b>Resided off reservation</b>	<b>---in Maricopa County</b>	1,557	780†	166	6	30	247	19	24	0	24	119	19	*	7	23	*	0	493	
	<b>---in Pima County</b>	307	220†	20	0	*	18	*	*	0	6	13	*	*	0	*	0	0	195	
	<b>---in Coconino County</b>	217	60†	*	0	0	19	0	*	0	*	19	*	0	*	*	0	0	23	
	<b>---elsewhere in Arizona</b>	763	320†	50	*	10	83	6	10	0	*	52	8	*	*	7	*	0	192	
	<b>TOTAL</b>		2,844	1,373	240†	10†	40†	367	30†	40†	0	40†	203	30†	0†	10†	40†	10†	0	903

Notes: \* Cell suppressed due to non-zero count less than 6; † Sum rounded to nearest tens unit due to non-zero addend less than 6; <sup>a</sup> Medical risk factors do not sum to the number of births with medical risk factors as each birth may be associated with multiple medical risk factors.

**4.9**  
**SUBSTANCE USE DURING PREGNANCY (2013 STATUS)**

		TOTAL BIRTHS	Substance use			
			Drinker, nonsmoker	Smoker, nondrinker	Smoker and drinker	Nonsmoker and nondrinker
<b>ALL AMERICAN INDIAN RESIDENTS OF ARIZONA</b>		5,480†	40†	130†	30†	5,280†
<b>Resided on reservation</b>	<b>Ak-Chin Indian Community</b>	20	0	0	0	20
	<b>Cocopah Tribe</b>	19	0	0	0	19
	<b>Colorado River Indian Tribe</b>	57	0	0	0	57
	<b>Fort McDowell Yavapai Nation Reservation</b>	21	0	0	0	21
	<b>Fort Mohave Indian Tribe</b>	10†	0	0	0	*
	<b>Gila River Indian Community</b>	60†	*	*	0	55
	<b>Havasupai Tribe</b>	10†	*	0	0	8
	<b>Hopi Tribe</b>	170†	*	0	*	166
	<b>Hualapai Tribe</b>	27	0	0	0	27
	<b>Navajo Nation</b>	1,330†	*	13	*	1,311
	<b>Pascua Yaqui Tribe</b>	70†	0	*	0	64
	<b>Salt River Pima-Maricopa Indian Community</b>	100†	*	*	0	92
	<b>San Carlos Apache Tribe</b>	290†	*	*	*	277
	<b>San Xavier</b>	19	0	0	0	19
	<b>Tohono O'Odham Nation</b>	140†	*	*	0	140
	<b>White Mountain Apache Tribe</b>	280†	8	9	*	259
	<b>Yavapai-Apache Nation</b>	17	0	0	0	17
	<b>Yavapai-Prescott Indian Tribe</b>	0†	0	0	0	*
	<b>TOTAL</b>	<b>2,630†</b>	<b>20†</b>	<b>40†</b>	<b>10†</b>	<b>2,560†</b>
	<b>Resided off reservation</b>	<b>---in Maricopa County</b>	1,557	10	61	9
<b>---in Pima County</b>		310†	*	11	*	293
<b>---in Coconino County</b>		220†	0	*	0	216
<b>---elsewhere in Arizona</b>		760†	*	22	*	733
<b>TOTAL</b>		<b>2,844</b>	<b>20†</b>	<b>100†</b>	<b>10†</b>	<b>2,719</b>

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